

Echigo – the place where Shinran Shonin was exiled and where Eshinnisama was born into the Pure Land

The World Buddhist Women’s convention is going to be held May 11 -12, 2023 in Kyoto. It is held every four years. The theme is “Life of Nembutsu enable us to appreciate every encounter”. About fifty people from Seattle Betsuin are going to attend the convention. After the Convention, we are to traveling several places in Japan. One of the places is “Echigo Province” (Present-day Joetsu-city, Niigata prefecture). It is the place where Shinran Shonin was exiled and his wife, Eshinni passed away. I think it is meaningful to visit there after the World BWA Convention. Using this opportunity, I would like to briefly introduce Eshinni’s life. I referred to a book, “Eshinni ~ sixty years of her life with Shinran ~” written by Masaharu Imai.

Kotagahama beach

When Shinran Shonin was the age of 35, Nembutsu teaching was prohibited, and he was exiled to Echigo. It was about 450 kilometers (280 miles) away from Kyoto. They used a land route and a sea route to get there. It is said that they landed at the *Kotagahama* beach in Echigo. Later, Jodo Shinshu followers built Shinran’s memorial hall and *Kenshin* (lit. looking-truth) hall to remember this historical and religiously important event.

Reeds which have a unique shape grow in this area. The shape looks like “*gassho*” (palms together) posture. It is called “*kataha no ashi* (lit. single-leaf-reed)”. It is one of the seven wonders of Echigo. When people look at the reed, they remember their sorrow of parting when they sent off Shinran’s family to the Kanto area.

Gochi Kokubunji Temple – Takenouchi hermitage

Gochi Kokubunji is a Tendai sect Buddhist temple. On the temple premises, there is a small hall called “*Takenouchi hermitage*”. Shinran lived at the hermitage the first year after he was exiled. There is a life-sized seated Shinran statue. It is said that Shinran

year	Shinran’s age	Eshinni’s age	
1173	1		Shinran was born in Kyoto as a son of Hino family.
1181	9		Shinran was ordained and initiated into the monk hood at Mt.Hiei.
1182	10	1	Eshinni was born in Kyoto as a daughter of Miyoshi family.
1203	30	21	Shinran met Eshinni at Yoshimizu in Kyoto. After a while, they were married.
1207	35	26	Persecution of Nembutsu. Shinran was exiled to Echigo. Eshinni and their children were also sent to Echigo.
1214	42	33	Shinran was pardoned in 1211 and he and his family moved to Kanto area.
1232	60	51	Shinran returned to Kyoto. And Eshinni and their children returned to Echigo.
1262	90	81	Shinran passed away in Kyoto and was born into the Pure Land.
1270		87	Eshinni passed away in Echigo and was born into the Pure Land.

Let me introduce the places we will visit in “Echigo province”. I referred to a tour magazine, “Rurubu ~ places that are associated with Shinran”.

himself carved the statue.

Hongwanji Kokufu Betsuin Temple – the remains of Takegahana hermitage Shinran, Eshinni, and their

Continued on p. 2...

...**Echigo** continued from p.

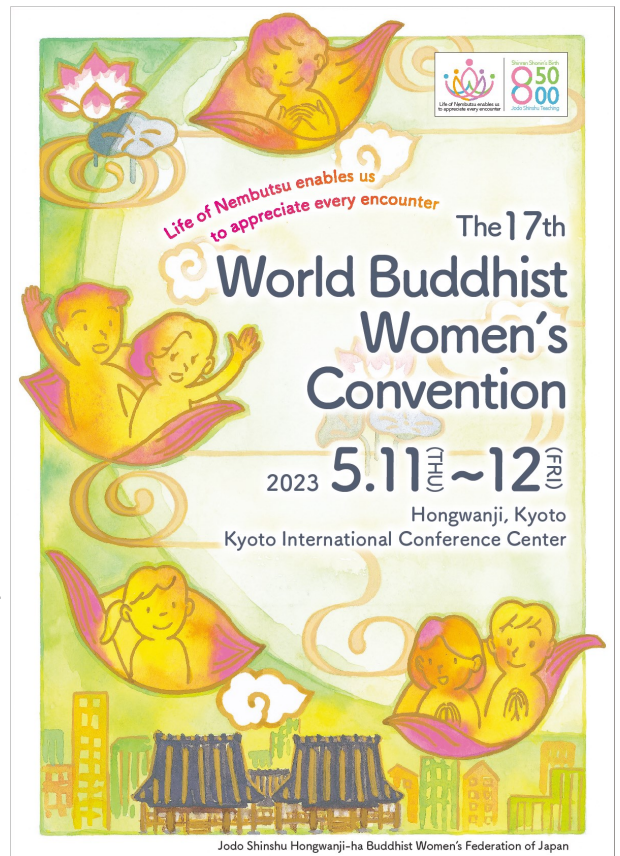
children used to live at the *Takegahana* hermitage. Today's Hongwanji *Kokufu Betsuin* Temple was built on the site of *Takegahana* hermitage. Shinran and Eshinni helped and supported each other and spread the Nembutsu teaching in Echigo. There is an Eshinni grave site in a different location, that is owned by the Hongwanji *Kokufu Betsuin*. It is a place where Eshinni passed away and was born into the Pure Land.

Eshin no sato (Eshinni-sama museum) There is the Eshinni-sama museum next to the Eshinni's gravesite. A copy of Eshinni's letter, and other valuable exhibits are displayed. There is also a souvenir shop and a restaurant in there.

Akakura Hotel (we are going to stay at this hotel!) A big Buddha's altar (*Obutsudan*) is set in their lobby. *Hoonko* (Shinran Shonin's annual memorial service) is conducted each fall there. The hotel pamphlet says, "When Shinran Shonin was exiled to Echigo and lived at the *Gochi Kokubunji* Temple, Shinran climbed Mt. *Myoko* (another name, Mt. *Shumi*). On the way home, he found some wild animals bathing in a hot spring. He told local people about it. It is said that it is the origin of *Akakura* hot spring. This is how this hot spring is connected to Shinran Shonin."

Beside these places, we are also going to visit Kota Shrine, a local fish market, and a sake brewery.

Gassho,



Betsuin Tea Talk “Happy Lunar New Year” by Leanne Nishi-Wong

Temple committees are busy and excited to be planning this year's events. Annual events, such as the New Year's Party, Hanamatsuri, Bon Odori, and the Kids Summer Program, will be back in-person, at the temple. Details are forthcoming.

If you are interested in joining any of the temple committees, please contact me for additional information. Volunteering is always welcome and encouraged! You can participate for a few hours or as many hours as your schedule allows. Leadership opportunities are available too.

Temple organizations, such as the Buddhist Women's Association, Gojikai, the Young Buddhist Association, Camp Fire, Scouts, Meditation, and the Book Study Group welcome you to join and participate in their activities.

Thank you for your patience and understanding, as the temple adjusts to a new “normal” for hosting the services and events. The safety and health of the sangha continue to be of the utmost concern to the Betsuin.

In Gassho,

Leanne

chairperson@seattlebetsuin.org

The Seattle Betsuin Gratefully Acknowledges the Following Donations from Dec 2022–Jan 2023

Funeral / Memorial / Nokotsudo:

Nokotsudo	\$100.00	Grace Tazuma & Bruce Brundige
Tomita Family Memorial Service	\$100.00	Yukio & Karen Morikubo
Tomita Family Memorial Service	\$400.00	Nina Tomita-Kato

Given by:

In Memory of:

Given by:

Reverend John Doami	Koko Doami
Shiro & Teruko Fujihara	Joy Fujihara
Katherine Fujita	Susan Hori
Emiko Hamakawa	James & Tomiko Zumoto
James & Hiroko Hasegawa	Kathy Hasegawa
Mickey Hiroo	Debbra Kashino, Erika Somm, Midori Sumida, Linda Tokunaga, James & Tomiko Zumoto
Edy Hideyoshi Horikawa	James & Tomiko Zumoto
Akira Ichikawa	Shinya & Jayne Ichikawa
Kurt Kogita	James & Tomiko Zumoto
James & Betty Komura	Joanie Komura
Chieko Kubota	Tim, Judy, Kimiko & Midori Farmer and Steven Kubota
George Mano	Tetsuden & Kanako Kashima, Leslie & Midori Sumida
Taiji Morinaga	Susan Hori
Frances Nishi	Donald & Karen Akira, Jeffrey Ko & Tina Zumoto-Ko, Aiko Fujii, Tetsuden & Kanako Kashima, Dennis Yamashita & Elaine Aoki, James & Tomiko Zumoto
Nobuko Otsuji	Miyoko Tazuma
Masako Sako	Donald & Diane Ding, Ken & Lynne Tanino
Kerry Taniguchi	Erika Enomoto
Guadalupe Wong	Jeffrey Ko & Tina Zumoto-Ko, James & Tomiko Zumoto
Lawrence Yokoyama	James & Tomiko Zumoto
Dick & Misao Yoshimura	Harry Yoshimura
Nobuo Yutani	James & Tomiko Zumoto

General Donations:

Donor:

For:

Makiko Coffland	Japanese Play Group
Irene Goto	Training/Education of MA's
Setsuko Harada	General Donation
Steve & Kathy Harada	General Donation
Noble Hendrix	In celebration of Tyler Moriguchi's 50 th birthday
Tetsuden & Kanako Kashima	December Shotsuki Hoyo in memory of Yoshiko Kashima
Kawabe Memorial Fund	2023 Annual Distribution
Keiro NW – Ayame Kai	Facilities use
Katsuya & Ayano Kusunoki	Ochigo & Betsuin 120 th Anniversary

Continued on p. 4....

General Donation ... *continued from p. 3*

<u>Donor:</u>	<u>For:</u>
Norimi Kusanagi	In support of Temple programs throughout the year
Maki McGrath	Japanese Play Group
Junko Mitsunaga	Newsletter
Junko Nakano	Hoonko Seminar
James Okumura & Robin Elder	Appreciation for parent's funeral/memorial assistance
Gregory & Ann Oxrieder	Hoonko Seminar
Akiko Payne	Hoonko Seminar, Japanese Dharma Discussion
Miya Charlotte Ramsey	General Donation
Irene Saito	General Donation
Kris Sasaki	In celebration of Tyler Moriguchi's 50 th birthday
Bob Seko	General Donation
Grace Tazuma & Bruce Brundige	General Donation
Calvin & Yvette Terada	In celebration of Tyler Moriguchi's 50 th birthday
Ruth Terry	Hoonko Seminar
Dennis Yamashita & Elaine Aoki	General Donation

Special Services

New Year's Eve/Day:

Anonymous, Clara Beard, Sandra Cross, Karen Garland, Hiroko Janet Kosai, Paul & Teresa Mori, Wendy Murayama, Connie Ozeki-Chinn, Gary & Deborah Shibata, Roy & Kazumi Shimizu, Aiko Suganuma, Joe Watanabe, Akiko Yabuki, Dennis Yamashita & Elaine Aoki, James & Tomiko Zumoto

Ho Onko:

Janet Baba, Connie Ozeki-Chinn, Aiko Fujii, Suteko (Sue) Fujino, Robert & Mitsue Giuliatti, Gordon Habu & Mae Yamasaki, Peggy Hanada, Reiko Hara, Setsuko Harada, Michiko Hirata, Alan & Lori Hoshino, Yaeko Ito, Dale & Shizue Kaku, Gail Kaminishi, Malcolm & Eileen Kanemoto, Tetsuden & Kanako Kashima, Ann Kashiwa, Ieene Kawahara-Tanabe, Ritsuko Kawahara, Marc & Janice Keltner, Jeffrey Ko & Tina Zumoto-Ko, Kimiko Kodagoda, Art & Lori Kozai, Carolyn Kunihiro, Kinue Kuwahara, Andrea Mano, Irene Mano, Sheri Mizumori, Paul & Teresa Mori, Ernest & Sunnie Nagai, Yoshio & Judith Nakamura, Kiyoko Nakanishi, Joan Nakano, Junko Nakano, Mabel Nishizaki, Jim Norton & Kemi Nakabayashi, Barry & Marlene Okada, Dean O'Shields, Gerald Quintua, Irene Saito, Pauline Sakuma, Dennis Shibata, Gary & Deborah Shibata, Sato & Darlene Shimizu, Frances Shintaku, Esther Sugai, Aiko Suganuma, Terry & Gail Suzaka, Masaru & Anna Tahara, Kiyoko Takashima, Sonoe Taketa, Susan Taketa, Masao & Frances Tamekuni, Kevin Tanemura, Peggy Tanemura, Grace Tazuma, Miyoko Tazuma, Calvin & Yvette Terada, Kayoko Terada, Ronald & Suzuko Terada, Margaret Teramoto, Stuart Teramoto, Paul & Mabel Tomita, Nina Tomita-Kato, Sam & Masako Uchida, Machiko Wada, Henry & Christy Watanabe, Leanne Nishi-Wong, Dennis Yamashita & Elaine Aoki, Kevin & Kari Ann Yokoyama, James & Tomiko Zumoto

Atomic Bomb Memorial: Clara Beard **Fall Ohigan:** Clara Beard

Eitaikyo/Muen Hoyo: Janet Baba, Clara Beard, Emily & Kazuyo Chu, Gordon Habu & Mae Yamasaki, Peggy Hanada, Setsuko Harada, Jamie Huh, Dale & Shizue Kaku, Ritsuko Kawahara, Masako Kawamoto, Wayne Kuramoto, Yoshio & Judith Nakamura, Troy Parke & Mayumi Terada, Gary & Deborah Shibata, Aiko Suganuma, Susan Taketa

Bodhi Day:

Lauren Asaba, Janet Baba, Clara Beard, Connie Ozeki-Chinn, Aiko Fujii, Suteko (Sue) Fujino, Chris Grabowski & Janice Deguchi, Gordon Habu & Mae Yamasaki, Peggy Hanada, Reiko Hara, Setsuko Harada, Michiko Hirata, Jamie Huh, Dale & Shizue Kaku, Gail Kaminishi, Malcolm & Eileen Kanemoto, Tetsuden & Kanako Kashima, Ann Kashiwa, Ieene Kawahara-Tanabe, Nina Tomita-Kato, Ritsuko Kawahara, Masako Kawamoto, Marc & Janice Keltner, Art & Lori Kozai, Carolyn Kunihiro, Wayne Kuramoto, Kinue Kuwahara, Andrea Mano, Irene Mano, Stephanie Mano, Sheri Mizumori, Paul & Teresa Mori, Ernest & Sunnie Nagai, Yoshio & Judith Nakamura, Joan Nakano, Junko Nakano, Mabel Nishizaki, Jim Norton & Kemi Nakabayashi, Barry & Marlene Okada, Gregory & Ann Oxrieder, Troy Parke & Mayumi Terada, Irene Saito, Pauline Sakuma, Joyce Sato, Dennis Shibata, Gary & Deborah Shibata, Roy & Kazumi Shimizu, Sato & Darlene Shimizu, Frances Shintaku, Masaru and Anna Tahara, Sonoe Taketa, Masao & Frances Tamekuni, Miyoko Tazuma, Ronald & Suzuko Terada, Margaret Teramoto, Stuart Teramoto, Gary & Julianne Tosaya, Sam & Masako Uchida, Tazuko Uyenishi, Machiko Wada, Henry & Christy Watanabe, Rick Wong & Leanne Nishi-Wong, Akiko Yabuki, Yoko Yanari, Kevin & Kari Ann Yokoyama, Charlene Yoritsune, Fuyo Yoshida, James & Tomiko Zumoto

Additional donations will be listed in subsequent Newsletter editions



Seattle Betsuin Buddhist Women's Association

Submitted by Kanako Kashima

SBBWA's Mission is to cultivate religious awareness as Jodo Shinshu Buddhist women and promote fellowship among its members; to serve and support the Seattle Betsuin, and contribute services to the welfare of the community.

The Seattle Betsuin Buddhist Women's Association has had a busy month of activities.

The pickleball practices continue on a weekly basis in the gym on Tuesdays from 9:30 (set-up) and wrap up by noon. As per Temple guidelines, this is only open to our sangha members.



SBBWA members served *nigome* and *zenzai* for the Ho'onko Service on January 15. Special thanks to Mrs. Ritsuko Kawahara, Aiko Fujii, Junko Nakano, Kiyoko Nakanishi, Gail Suzaka, Nina Tomita-Kato,



Ann Hasegawa, Joan Nakano, Fran Shintaku, Lauren Asaba, Keiko Watanabe and Kimiko, and Kanako Kashima for preparing and making both dishes for this special service.

We had our first card making workshop on Saturday, Jan. 21, led by Donna Zumoto.

The participants were: Tomi Zumoto, Judith Nakamura, Marlene Okada, Steph Ojima, Lauren Asaba, Marie Kosai-Luke, Darlene Shimizu, Ann Hasegawa, Gail Suzaka, Shizue Kaku, Karen Akira, Kari Ann Yokoyama, Lori Kozai, Expert Advisors: Susie Taketa, Tina Ko, Andrea Mano, Tracy Yamada.



Hapi Coat Sewing Workshop took place on Sunday, 1/22/23. Participants were: Margaret Gotchy, Judith Nakamura, Fran Shintaku, Tomiko Zumoto, Tina Zumoto Ko, Kira and Betty Nakashima, Kiyota-kashima, Ami Yabuki, Akiko Yabuki, Leona Clow



and Yuko Ueda. Around 50 hapi coats were cut out of fabric and instructions were given on how to sew them. Camp Fire girls had a chance to practice sewing on machines. A wonderful lunch was shared. **Attention:** More people to sew are needed! Sewing kits have been made up to sew the hapi at home if you like. Please get as many as you can make from Suzanne Fujinari. The next Sewing Workshop will be another Beanie Baby Hapi February 5 from 12Noon until 2 in the High School Room again. We still can use donations of Beanie bears and rabbits and fabric. (Submitted by Suzanne Fujinari)



ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to "thank" the following for contributing their **2023** sustaining membership dues - the basic dues towards Temple maintenance/operations (i.e.- fix the roof, remodel of the Memorial Hall) and operations and programs (i.e. - Live Streaming of Sunday services and Special Services (i.e. All Sangha Memorial); Dharma School classes; seminars).

The minimum for individual membership is **\$400** (for under 70 years of age), **\$350** (for 70 years of age and over), and **\$200** (for those under 30 years of age). Installment payments can be made. **THANK YOU AGAIN!!**

Suzanne Fujinari, Joe & Margaret Gotchy, Gary & Sandee Hamatani, Miyoko Kaneta, Rose Kishi, Kumiko Kodagoda, Kevin Nagai, Sanaye Nagai, Jim Norton & Kemi Nakabayashi, Henry Nose, Roy & Kazumi Shimizu, Hiro Shin, Terry Suzaka, Mas & Anna Tahara, Kevin Tanemura, Grace Tazuma, Miyoko Tazuma, Arlene Yamada

We'd like to '**WELCOME**' Hiro Shin, Terry Suzaka and Jayna Umeda as new members of our Sangha and '**WELCOME BACK**' Miyoko Kaneta and Henry Nose, to our Sangha.

(Compiled by Howard, Ilene, Joan, Pauline & Steph)

*The committee would like to acknowledge and 'thank' Steve & Kathy Harada and Corey & Claire Murata for paying their 2022 membership dues to Seattle Betsuin.

Seattle Betsuin

Buddhist Speaker Series



Rev. Ryuta Furumoto

Senshin Buddhist Temple

Thursday, February 9th
7:00pm-8:00pm

You can register for this series or learn more
by visiting: seattlebetsuin.org/seminars



"Nirvana"

Zoom registration is available at
the link below,
or via the QR code in the corner.
Rev. Furumoto will be holding this
session on Zoom only

From the Seattle Betsuin Archives Committee...

The Committee will be submitting articles written, (many by Grace McCleod), illustrated, and published by the Seattle Betsuin Research Department. Their Volume 1 begins in 1951 and seems to end in 1975 with Volume 20. There are versions for intermediate and primary grade levels. Many of their publications were distributed by the Buddhist Churches of America to other BCA temples. Thank you, Kayla B., for submitting this month's story. Enjoy! - IG

BUDDHIST READER, JUNIOR
Volume 20, No. 7 March (~1975)
THE THREE SIGNS OF TRUTH (SANBŌIN)

There are three signs that are always present in the teaching of Buddhism. If even one of these signs is missing, it cannot be said to be the teaching of the Buddha. These signs are described below.

1. Impermanence (Mujō) *Our world is always changing. What is new becomes old. What is fresh eventually fades. We have begun to die from the day we were born.*

The reason we suffer is that although the world is constantly changing, we do not want those things that give us pleasure to change. We never want a good movie to end. We do not want to grow old. What is fresh eventually fades. We have begun to die from the day we were born.

The reason we suffer is that although the world is con-

stantly changing, we do not want those things that give us pleasure to change. We never want a good movie to end. We do not want to grow old. It is an unchangeable fact, however, that "All there is, is impermanent."

2. Non-Self or Non-Ego (Muga) *There is nothing we can call a permanent self or ego. The reason we spend our life in ignorance and suffering is that we act as if there is something within us that will last forever. This is an ancient Buddhist poem:*

*"Brush may be gathered to make a hut;
Tearing it down brings back the field."*

Gathering brush to make a hut does not mean that there is a permanent thing such as a hut. Where does the hut go when you take the pieces apart?

The Buddha says there never was a hut in the first place. All there was, was a group of conditions that resulted in a thing to which the name "hut" was given.

In the United States we talk about "certain unalienable rights" such as human rights, property rights, the right of free speech, etc., but these are only temporary or provisional rights that are necessary for us to get along with each other, and which lets each of us have room to grow and develop as we wish.

But these rights are not permanent, and from the point of view of eternity, are only temporary.

3. Suffering (Ku) *The Buddha once said, "Pleasure is the beginning of suffering, and suffering is the end of pleasure."*

The pleasures of this world are not true or absolute pleasures, and that is why we live in a world of suffering.

The Buddha once told the following story. "Because of the heavy load a man was carrying, his right shoulder became tired. The man transferred the load to his left shoulder. He was very relieved for a while, but then his left shoulder became tired from carrying the load."

The pleasure the man felt from transferring the load from his right to his left shoulder was only temporary. Eventually the man realized there was no way to escape the suffering caused by having to carry the load.

This is why we must learn the true way to escape from suffering. And this is why we listen to the teaching of the Buddha - in Jodo Shinshu, that of Amida Buddha's great compassionate Vow.



Jr Young Buddhist Association

Submitted by Kaya T.

Happy February! In December and January, Jr. YBA held a food drive for the Bailey Gatzert Elementary



School. We donated items like Top Ramen, canned corn, and even boxes of cereal. On January 12, 2023, some of the food was picked up to take to the school. Another truck picked up more non-perishable goods towards the end of January. We would like to thank the Sangha for helping us with

this very successful and exciting service project. There were many generous donations made to help the kids and families that attend Bailey Gatzert! Jr. YBA is eager to continue participating in service opportunities that benefit our Sangha and community!



Styro Recycle Tuesday February 14 at 10:30AM

Bring your styro food containers separated by color (**black, blue, yellow and white only**), formed pieces, packing peanuts.

Also bubble wrap and clean, dry plastic wrap.

Please remove any tape.

Be sure to let Ileene know that you will be there in the unlikely event that I can't make it. If that happens I will let you know. Check weekly temple email news as well.

See you in the back parking lot from 10:30-11:00AM

Submitted by Gail K

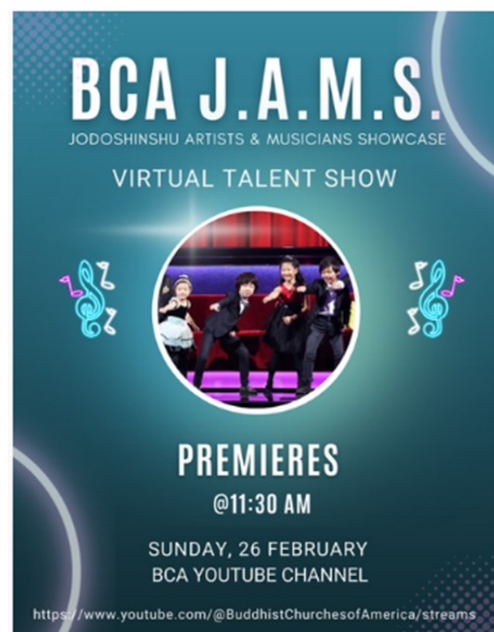


Musical Notes by Kemi Nakabayashi

For the phenomenal turnout for the New Year's Eve noon service, in-temple attendees were treated to piano music by Kristy Carpenter. We appreciate Kristy's dana during her holiday break from graduate studies. At the January 8 children's service, the Bodhi Ensemble really rose to the occasion to lead the gatha "Golden Chain" by Donna Sasaki. Coached by Ann Ishimaru and Zack Semke, Mika, Maia T, Drew, Hieu, Kai, Maia N., and Aki were terrific! Chris Grabowski also provided special service music in last month with his shakuhachi rendition of *On-dokusan I* for Hoonko service. Thank you for providing great variety to our service music!

The BCA Music webpage

<https://www.buddhistchurchesofamerica.org/music> has recent updates including the first issue of a BCA Music Committee Newsletter posted. BCA Music Committee is also excited to announce a gatha lyric-writing contest for youth and adult categories in anticipation of the BCA 125th anniversary celebration in 2024. Cash prizes will be awarded. The FDSTL Bishops Project Foundation Fund approved funding support for the Dharma School youth category. We hope to receive lyric submissions from Dharma School students, either as individuals or small group or class entries. Please refer to the flyer and check out the BCA Music webpage for additional details.



Dharma School News

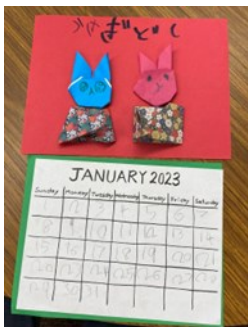
Submitted by Joan Nakano

Every January we observe the memorial of our founder Shinran Shonin through our Hoonko service. This year we were fortunate to have Rev. Henry Adams as our special guest speaker for our special service, as well as lead a seminar through the Seattle Betsuin Buddhist Speaker Series, "Can You Try Not to Be Evil? The Buddha's Compassion in the Three Pure Land Sutras." His family was able to join him on this trip and our Dharma School was eager to welcome his sons as guests in our classrooms.

Classroom Reports

The **Pre-K/K** Dharma School teachers and teacher's assistant welcomed students back to the classroom after a two-week hiatus. We began the year of the rabbit together by opening class with gassho and sharing what each student did over the break, which included playing with friends, spending time with family, and even a trip to Hawaii. For our first project of 2023, the students made personalized calendars with rabbit (*Usagi*) origami dressed in origami kimonos. For HoOnko, we read a short story about Shinran Shonin and his helpers wandering in the snow and the power of the Nembutsu. We centered our craft around this story and created a hanging decoration out of blue paper plates, cut-outs of Shinran and his helpers, cotton balls for the snow, and cut-out pieces of tiny snowflakes to surround the cut-outs.

These two activities allowed the students to practice their skills in counting, folding, cutting, listening, and patience. The teachers, teacher's assistant, and students look forward to continuing learning and participating in fun-filled activities for the rest of the Dharma School year.



January calendar



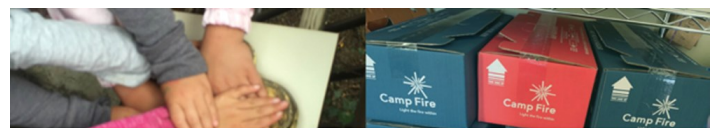
Hoonko craft

Happy New Year, from the 1st, 2nd and 3rd grade class. To celebrate the new year, the children read the book Why Cats Chase Mice, a story of the 12 Chinese Zodiac signs. They learned that this year is the Year of the Rabbit and made rabbits out of paper plates to recognize the year. For Hoonko, they learned about the life of Shinran Shonin. They created a picture about the story of how Shinran and his disciples stayed outside in the cold and snow one evening reciting the Nembutsu over and over again, until a farmer finally let them into his home to get warm.

Our 4th/5th grade class shared our winter holiday fun and traditions and are excited to welcome 2023. A few of our students chaired our monthly Children's service, which is helping their public speaking confidence. All of our January lessons revolved around Shinran Shonin and students are finishing their own small book which chronicles some of the important facts of his life.

Camp Fire Candy Sale 1/27/23-2/20/23

We will be selling at the temple before & after service on Sundays, 1/29, 2/5, 2/12 and 2/19. Contact your favorite Camp Fire members or Akiko (akiko.t.yabuki@gmail.com) for mail-in order/delivery! Thank you for your support!



CAMPFIRE CANDY SALE | JAN 27, 2023 - FEB 20, 2023



Seattle Betsuin Dharma Exchange 2023

11:00AM in-person and via Zoom (see p.13)
Sundays in the dining room downstairs
after 10:00AM Service

An opportunity to ask and discuss.

Seattle Betsuin Events

Shōtsuki Hōyo Memorial

(monthly memorial service sponsored by the temple)
in-person only; takes place
Wednesday, February 1, 2023
at 10:00AM.

The names of those loved-ones who will be remembered; call temple office. See p. 10.

Virtual Groups:

Dharma Exchange *see p.13* **Meditation** *see below*

To join these groups, e-mail
webmaster@seattlebetsuin.com or
newsletter@seattlebetsuin.org
for Links - specify the group in the subject line

MEDITATION meets each Sunday morning at 9:00AM -9:45AM

We open with SanBujo, Sit in Gratitude Meditation
for 20 minutes, chant Nembutsu and
close with discussion.

Please join us **either in person or on Zoom**. E-mail
newsletter@seattlebetsuin.com and specify SBC
Meditation to receive more information
and the Link. - IG

DIAL THE DHARMA

Call the toll free number - 800-817-7918 to hear Bishop Harada's message
Push "1" for English and "2" for Japanese

View BCA events at
[BCA Center for Buddhist Education - YouTube](#)



CBE E-NEWS

BUDDHIST CHURCHES OF AMERICA

BCA Center for Buddhist Education
Living The Dharma (formerly Every Day Buddhism) Committee Presents:



THE BENEFITS OF A LIFE OF GRATITUDE: Benefits of Shin Buddhism

PART 1

Saturday, March 11, 2023
11:00 am – 1:00 pm (PT)

Guest Speaker: Rev. Dr. Kenji Akahoshi



Rev. Dr. Akahoshi served as the resident minister of the Buddhist Temple of San Diego for 8 years and recently retired. Prior to becoming a minister, he received his DDS degree from UCSF Dental School and practiced dentistry privately in San Jose. He served as the San Jose Betsuin Broad President (2 years) and was a Buddhist Chaplain in the Santa Clara County Juvenile Hall for 7 years. He received a master's degree from the Institute of Transpersonal Psychology in Palo Alto and a Masters of Buddhist Studies from the Institute of Buddhist Studies of Berkeley, CA. He originated (1998) and continues to conduct annual Shin Buddhist Retreats in California, Washington, and Hawaii. He is currently heading the Minister's Support Pillar for the Dharma Forward Campaign.

Moderator: Rev. Marvin Harada

Registration

<https://forms.gle/7xDqKVapCEp2duZP8>

Donations gratefully accepted

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(Donations are processed by BCA Endowment Foundation)

Visit buddhistchurchesofamerica.org email: cbe@bcahq.org or phone: 510.809.1460



GUEST SPEAKER: REVEREND DR. DAVID MATSUMOTO

CBE Seminar: "SHINJIN" March 18, 2023 11am - 1pm (PT)



DHARMA REALM An occasional
podcast conversation between Harry
Gyokyo Bridge, resident minister of the

Buddhist Church of Oakland, and Scott Mitchell,
Dean of the Institute of Buddhist Studies, about
Jodo Shinshu Buddhism, Buddhism in the modern
world, pop-culture, music, sci-fi, and how all those
things are related.

www.buddhistchurchesofamerica.org/podcasts
www.dharmarealm.com

THE FEBRUARY SHOTSUKI HOYO MEMORIAL SERVICE

*will honor the memory of those listed below who passed away in the month of February. This in-person service will be combined with the Joint Memorial Service on **Wednesday, February 1, at 10AM.***

Adachi, Hisayo	Iseri, Maka	Nagata, Katsumi	Tanaka, Tom
Asakura, Masaaki	Ishigai, Midori	Nakagawa, Toshiko	Tanino, Teruyo (Terrie)
Asakura, Ryutaro	Ishikawa, Kevin	Nakamichi, Katsumi	Tatemichi, Kazuto
Bacon, Douglas	Ishikawa, Miye	Nakamoto, Kiyoko	Tazuma, Elmer
Castro, Judy	Iwami, Kanichi	Nakamura, Joichi	Tazuma, Sawano
Chow, Koku-An	Kajimura, Fugie	Nakamura, Sumiyo	Terada, Charles
Chun, Lee	Kakishita, Nikichi	Nakanishi, Tadashi	Terada, Hideko
Enomoto, Toshiko	Kakutani, Yu	Nakano, Hiroshi	Terada, Joseph
Enomoto, Yoshito	Kamimae, Midori	Namekata, Yune	Terao, Masaru
Fujii, Shige	Kanzaki, Tsutomu	Natsuhara, George	Tomita, Bessie
Fujimoto, Tosei	Kataoka, Tokuno	Nishimori, Kirohachi	Toshi, Chisato
Fujino, Shigenobu	Kawahara, Masako	Nishimoto, Mitsuno	Tsue, Tsunezo
Fujita, Lutes	Kawauchi, Michiko	Nitta, Nobuichi	Umeda, Kazuko
Fujita, Suzie	Kido, Momoko Morinaga	Nomura, Michiye	Uyeda, Minoru
Fujiwara, Kosao	Kihara, Tsuneko	Nomura, Mitsuo	Uyeda, Tatsuo
Fukeda, Kinuyo	Kikuchi, Isamu	Nomura, Sadako	Virnig, Fujie
Fukui, Frank	Kitamura, Tadao	Nomura, Unio	Wada, Masao
Goto, Masako	Kitamura, Toichiro	Nose, Shizuko	Wada, Sachie
Hamada, Chiyo	Kiyomizu, Fuji	Oana, Thomas	Watanabe, Katsuko
Hamada, Kuniko	Kiyota, Tazō	Oita, Katashi	Watanabe, Kimie
Hamanishi, Naoe	Kojima, Izo	Omori, Mable	Watanabe, Michinosuke
Hamasaki, Glenna	Kojima, Masu	Omura, Masao	Watanabe, Suehiro
Hanada, Iwano	Kubo, Matsu	Osaki, Tom	Watanabe, Tai
Hanada, Toichi	Kubota, Chieko	Osumi, Fred	Wataoka, Akiko
Haraguchi, Shizuko	Kunihiro, Tetsuya	Parker, Edward	Yahagi, Alice
Hasegawa, Kishie	Kurata, Sumiko	Sakamoto, Masaru	Yamada, Toyo
Hasegawa, Shunji	Kurosu, Asao	Sakamoto, Miyoko	Yamagata, Kishino
Hayami, Momono	La Grange, Irl	Sako, Steve	Yamaguchi, Takeo
Hayashi, Kyoko	Le, Yuxiang	Sanbo, Akiye	Yamamoto, Chiyoko
Hikida, Fusa	Makishima, Satoyo	Sato, Toshiko	Yamamoto, Helen
Hirose, Chiyo	Mamiya, Sowa	Sawa, Koichi	Yamamoto, Masano
Hori, Lily	Mano, George	Seo, Tamio	Yamamoto, Sekiyo
Hori, Shigeichi	Maruhashi, Hisaichi	Shigaya, Mitsuo	Yamamoto, Shigeiko
Horike, Kumaichi	Masuoka, Ryuei	Shimizu, Rie	Yamamoto, Shigeru
Horita, Kazuo	Matsubara, Fuyuko	Shinoki, Wayne	Yamamoto, Shio
Ichiyama, Kiji	Matsuura, Kikue	Shishido, Tsuruyo	Yamamura, Masakazu
Ikesuye, Asano	Mayeda, Kiichi	Sugitachi, Yoso	Yamane, Jun
Imamura, Harry	Miyamoto, Shizuko	Sumida, Ruth	Yamashita, Patricia
Imanishi, Edith	Mizuhata, Paul	Suwabe, Ise	Yasutake, Tom
Inoue, Takara	Mizuno, Noritoshi	Tada, Marjorie	Yatagai, Makoto
Inouye, Inouye	Mizuta, Nobuo	Takahashi, Eiko	Yokota, Kyōsuke
Inouye, Kazuko	Mukai, Noritsugu	Takamura, Jinsei	Yoshikawa, Minoru
Inouye, Keizo	Murakami, Yoshi	Takeuchi, Mitsuye	Yoshimura, Denichi
Ise, Miyoko	Muzzy, Toshiko	Tanabe, Hiroko	Yoshitomi, Itaro
	Nagai, Ukiye		Yoshitomi, Ritsuko

MARCH SHOTSUKI HOYO

The March Shotsuki Hoyo Memorial Service will honor the memory of those listed below who passed away in the month of March. This service will be combined with the Joint Memorial Service on Wednesday, March 1st, at 10AM.

Abe, Tatsu	Iwasaki, Tokusaburo	Murakami, Sachi	Suzaka, Kiyoko
Akada, Tsugi	Izumi, Hisako	Murao, Ume	Suzuki, Warren
Aoyama, Sue	Jeppesen, Kayo	Nagai, Mariko	Takano, Tsukiyo
Aoyama, Tomisaburo	Kajimura, Saburo	Nagano, Mary	Takemoto, Hisako
Araki, Masa	Kakiuchi, George	Nakagawa, Henry	Takenaga, Tomizo
Brolley, Eddie	Kamada, Toshiro	Nakagawa, Taira	Tanaka, Matsuye
Burdett, Wilson	Kamimoto, Saiichi	Nakahara, Yasuhiko	Tanaka, Nobuichi
Chen, Sou-Chia	Kanda, Ayako	Nakamura, Barry	Taniguchi, Sam
Date, Masuyo	Kaneyasu, Toshiko	Nakamura, Jiro	Taniguchi, Yumi
Deguchi, Hatsu	Kawahara, Yoshinori	Nishikawa, Hisakazu	Tazuma, Bunshiro
Edamura, Osa	Kawamoto, Chiyoko	Nishimura, Fumi	Teramoto, Aya
Enomoto, Edward	Kawasaki, Mamoru	Nomura, Masu	Teraoka, Miyako
Fujinaga, Suna	Kinoshita, Kiniyo	Ohara, Shio	Tomeoka, Iwao
Fujita, Jayne	Kiyonaga, Masao	Ohashi, Matsukichi	Tsubota, Fusano
Fujita, Katsu	Kiyono, Gen	Ohtani, Michiye	Tsuchikawa, Masakatsu
Fujitomi, Yoshiye	Kobata, Hisashi	Oishi, Matsuo	Tsuchikawa, Wilma
Funai, John	Kobayashi, Mitoki	Oiye, Shigenori	Tsuchikawa, Wilma
Funai, Kimi	Koda, Nobuyuki	Oiye, Shizuko	Tsue, Yone
Grantham, Miles	Kogane, Etsu	Okada, Shigecko	Tsuye, Kikuyo
Habu, Fumiyo	Kubota, Thomas	Okamura, Hatsui	Umamoto, Toshio
Hamatani, Tomio	Kunimoto, Shoji	Okumura, Osamu	Uyeminami, Kikutoshi
Hanada, Hatsuji	Kuranishi, Motoji	Okano, Tomiko	Uyenishi, Hiyoshi
Hara, Fumi	Kusakabe, Kikuko	Ondo, Tanomu	Watanabe, Hiro
Harada, Marji	Kusakabe, Kishiko	Ozeki, Sachiko	Williams, Peggy
Hashimoto, Sentaro	Lee, Weng	Sado, Toshiko	Yamada, Michiko
Higa, Teijun	Luna, Tsuyako	Saiki, Kame	Yamaguchi, Kanji
Hiu-Phan, Lien	Maekawa, Yuichi	Saito, Matsuyo	Yamamoto, Mary
Holstram, Mary	Maniwa, Shoichi	Saito, Matsuyo	Yamamoto, Ritao
Horike, Haruyo	Matsui, Aiko	Sakuma, Donald	Yanagimoto, Michiko
Hung, Su-Yun	Matsuoka, Tom	Sasakura, Naho	Yasunaga, Gloria
Hyodo, Matsue	McLeod, Hugh	Senba, Sadame	Yokota, William
Ichida, Kingo	Miyake, Henry	Shibata, Ayako	Yonekura, Margaret
Ikeda, Yoshiaki	Miyamoto, Mieko	Shibuya, Masako	Yorioka, Mitsuko
Imabori, George	Mizuki, Nikki	Shimizu, Seihachiro	Yoshijima, Takeo
Inaba, Hisako	Mizumori, Lillian	Shimizu, Tatsuko	Yoshimoto, Kuni
Ishida, Mikiyo	Mori, Hideo	Shimokon, Susumu	Yoshimoto, Leslie
Ishikawa, Richard	Mori, Yoshio	Shitamae, Moto	Yoshino, Akira
Isomura, Yoko	Morimoto, Hisa	Soejima, Somo	Yoshitake, Tomika
Isomura, Yoshiaki	Morimoto, Takeji	Sugiyama, Sansaku	
Ito, Tsutomu	Murakami, Ishi	Sumida, Yoshiko	

February 2023 Seattle Betsuin Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>To view all services, please visit http://www.youtube.com/seattlebuddhisttemple</p>						
			1 10 am Shotsuki/Joint Memorial Service In person	2 11 am Chanting Wksp Ojoraisan-In person	3 10:30 am Japanese Play Group 11 am Gojikai Service on Zoom	4
5 9 am Meditation Hybrid 10 am SCOUT SUNDAY SERVICE English Dharma Talk (Japanese Dharma Talk (Rimban) Dharma Exchange Hybrid	6 Rimban's day off	7 9:30 am Japanese Dharma Discussion on Zoom	8 10 am Morning Service - In person	9 1:30 pm Nikkei Manor Service	10 10:30 am Japanese Play Group	11
12 9 am Meditation Hybrid 10 am LADY KUJO & LADY OHTANI MEMORIAL SERVICE English Dharma Talk (Rev Ko'e Umezu, West Los Angeles Buddhist Temple) Japanese Dharma Talk (video) Dharma Exchange Hybrid (Rev Ko'e Umezu) Noon SBBWA General Meeting and Dana Day	13 Rimban's day off	14 9:30 am Japanese Dharma Discussion on Zoom	15 Rimban's half day off	16 7 pm Betsuin Speaker Series	17 10 am Shinran Shonin Monthly Memorial Service	18 2 pm Gagaku practice Hybrid
19 9 am Meditation Hybrid 10 am NIRVANA DAY / PET MEMORIAL SERVICE English Dharma Talk (Rimban) No Japanese Dharma Talk Betsuin Annual General Meeting - Hybrid 11:45 am Najjin Tour	20 Presidents' Day (office closed) Rimban's day off	21 9:30 am Japanese Dharma Discussion on Zoom	22 10 am Morning Service - In person 11 am Merrill Gardens Renton	23 Rimban's half day off	24 10:30 am Japanese Play Group	25
26 9 am BETSUIN NEW YEAR'S PARTY Meditation Hybrid 10 am BCA EITAIKYO SERVICE (streamed) English Dharma Talk (video) Japanese Dharma Talk (video) Dharma Exchange Hybrid	27 Rimban's day off	28 9:30 am Japanese Dharma Discussion on Zoom	29 Rimban's half day off	MARCH 2023 SPECIAL EVENTS		
				March 5	Camp Fire Sunday Service	
				March 12	Spring Ohigan Service	
				March 26	Scholarship Awards Service	

Seattle Buddhist Church
1427 S Main Street
Seattle, WA 98144

2023 February
Wheel of the Sangha
A Monthly Newsletter of
Seattle Buddhist Church

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ORG

**2022 FAMILY
MEMORIAL
SERVICE
SCHEDULE**

	<u>2010</u>
	13th year memorial
	<u>2006</u>
	17th year memorial
<u>Year of Death</u>	<u>1998</u>
<u>Service</u>	25th year memorial
<u>2021</u>	<u>1990</u>
1st year memorial	33rd year memorial
<u>2020</u>	<u>1973</u>
3rd year memorial	50th year memorial
<u>2016</u>	
7th year memorial	

Please call the Temple office at (206) 329-0800 to schedule a service.
- JN

Dharma Gatherings, *HOWAKAI*:
Nikkei Manor 1st & 3rd Thursdays
1:30PM

Merrill Gardens, Renton
4th Wednesdays at 11:00AM
please consult the facility for visitation guidelines

Shotsuki/Joint Memorial Service will take place in-person on Wednesday, February 1, 2023 at 10:00AM; passed loved-ones will be remembered.
See p. 10.

**2023 RELIGIOUS SERVICES
Sundays**

9:00AM Meditation, in-person & via Zoom

10:00AM SERVICE In-Person and Live-Streamed at <https://youtube.com/seattlebuddhisttemple>

11:00AM Dharma Exchange in-person & via Zoom

Wednesdays
in-person only

10:00AM Sutra Chanting & Monthly Joint Memorial with Shotsuki Hoyo*

11:00 AM Dialogue on sutra

* SEE pp. 10, 11 FOR DATES & LISTINGS

NOTICE

Dharma Exchange
Sundays after Service
11:00AM in-person
temple dining room

Also by Zoom Link
at

<https://us02web.zoom.us/meeting/register/tZEvd-uspjgpHt2AVr-Quovtn1e24imCjeyPh>

Welcome, All!

Contact Us

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10:00AM-3:00PM
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emergencies

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206.779.2214

Wheel of the Sangha Editors
Irene Goto, English: newsletter@seattlebetsuin.org
Machiko Wada, Japanese
Deadline is the third Monday each month at 8PM