



Wheel of the Sangha

January 2021

Seattle Betsuin Buddhist Temple, A Shin Buddhist Temple,
Jodo Shinshu Nishi Hongwanji-ha

a monthly newsletter of Seattle Buddhist Church
Volume 40 Issue 1
online only

“If they have a field, they worry about the field “

by Rimban Katsuya Kusunoki

A Happy New Year. I wish each of you a happy, healthy, and meaningful 2021. As *Rimban* of Seattle Betsuin Buddhist Temple, I serve for thriving of Nembutsu teaching as best as I can in 2021.

Do you remember what Sutras we rely on? “The *Sutra on the Buddha of Immeasurable Life*” (The *Larger Sutra*) is the most important Sutra for us as *Jodo Shinshu* followers, (True Pure Land Buddhists). Therefore, we call it the principal Sutra. *Juseige* (Vases Reiterating the Vows) and *Sanbutsuge* (Verses in Praise of the Buddha) are also included in it. The *Larger Sutra* describes the story of Dharmakara Bodhisattva how he attained enlightenment and became Amida Buddha, Dharmakara Bodhisattva’s forty-eight vows, the aspect of the Amida Buddha’s Pure Land, and the Bodhisattvas in the Pure Land. It tells how graceful and magnificent the Pure Land is and how peaceful and deeply profound the state of nirvana is. It also tells how supreme and wondrous the Bodhisattva’s Wisdom and Compassion are. It clearly shows us that our goal is to go to the Pure Land of bliss and become just like the Bodhisattvas. It must be that numerous people went there and attained enlightenment. But there is a passage in the same Sutra, “To go there is easy and yet no one is born there.” It says that the Pure Land and the state of enlightenment is extremely great, but it is exceedingly rare for people to achieve and even seek it. After this passage, the detailed reasons are listed. From these reasons, we can learn the true nature of human beings which is completely opposite from the state of enlightenment and the aspect of the Pure Land. Let me introduce one example here from the *Larger Sutra*.

“If they have a field, they worry about the field. If they have a house, they worry about the house. In the same way, they worry about their six kinds of domestic animals such as cows and horses, their menservants and maidservants, their money and wealth, clothes, and food, and furnishings. Accumulating worries and compounding signs, they live in constant anxiety. (...) If they

continued on p. 2...



Chanting of Ougonge
Rev. Katsuya Kusunoki

Join Seattle Betsuin's Virtual Programs

We have ongoing Book Study, Meditation, Dharma Exchange. See information on p. 11 and below on how to join virtually.

Weekly Meditation at 9:00AM on Sundays. Contact webmaster@seattlebetsuin for a Zoom link.

Next Seattle Betsuin Book Study will meet on Saturday, January 9, at 9:30AM. See info on p. 4.

To receive Zoom links to Buddhist Book Study, Sangha Exchange, and DS Dharma Exchange, go to newsletter@seattlebetsuin.com and specify the group in the subject line. You will be emailed a link.

Sunday and Weekday Morning Services Online
Su. M. W. Sat. 10:00AM:
<https://youtube.com/seattlebuddhisttemple/>
Search “playlists”

Calendar at SeattleBetsuin.com

...Rimban's Message continued from p. 1

have no fields, they become anxious and wish to possess them. If they have no house, they become anxious and wish to possess one. If they have none of six kinds of domestic animals such as cows and horses, no menservants or maidservants, no money or wealth, no clothes or food or furnishings, they become anxious and wish to possess them." [The Sutra on the Buddha of Immeasurable Life] (Shin Buddhist Translation Series P. 68-69)

We can learn people's lifestyle and worries from this passage who lived in India and Nepal about 2,500 years ago when Sakyamuni Buddha was there. It must be important to have a field, a house, some animals, menservants, and maidservants, etc. to keep their status and live their steady and wealthy life. But people who possess all these had worries and anxieties. They had to maintain the field and houses. They had to take care of animals. They might have had some troubles between their menservants and maidservants and themselves. They must have had strong attachments and worried about losing their belongings. They might have been greedy for more fields and wealth. I can easily guess that all their properties and wealth could be causes of their worries and anxieties. It is also not difficult to guess that people who do not possess a field, house, and wealth must have envied wealthy people and been envious to possess them. People suffered from their greed, attachments, and envy. I am able to imagine their worries and sufferings easily because I also have the same kind of worries and sufferings. Human Nature has not changed so much.

Winter has come and it is cold outside. Before I came to Seattle, I have always lived in warmer places than Seattle. When it is cold, which part of your body do you feel cold first? Some people may say from their tips of their toes or from their back. In honest, I feel cold from my head. I truly realize that I have little hair on my head. I have had a complex regarding my high forehead and having little hair. It was my distress. I was always envying others when I see other people who have a lot of hair. One day,

my wife was drying her hair using a hair dryer and grumbled to herself, "It is such a great bother to dry my hair every day. I have too much hair. I only need a half of it." I felt she was so mean to me. At the same time, I realized that there is a person who has trouble because of having too much hair.

Beside my bald head, I have countless worries, anxieties, and attachments. For example, is it better to find a new house or stay in this house? Should I buy a camping car like Rev. Hirano? Does our family have enough money? How should we raise our son? Is our retirement plan OK? There is no end once I start thinking about my worries. Even if I made a decision to solve my worries, I waver in my decision when someone gives me different options. My mind is always wavering and roaming around by encountering each single event in my life. My worries, anxieties, and attachments occur in my mind one after another. These worries, anxieties, and attachments become obstacles for us to seek attaining enlightenment, to contemplate the Pure Land, and to walk the Path to the Pure Land.

In Jodo Shinshu Buddhism, our goal is to be born into the Pure Land and attain enlightenment. We set the Pure Land as our destination and walk the path. Then our daily life becomes the path to the Pure Land. Through walking this path, we awaken to our worries, anxieties, and attachment which appear in our mind ceaselessly. We can learn the true nature of ourselves from which we normally look away and to which we don't awaken. Therefore, Buddha Dharma is also called a mirror to show our lives as they are. I appreciate the *Larger Sutra* that nurtures my view to see my life and human world through the state of enlightenment and the aspect of *Pure Land* as a mirror. We recite nembutsu, chant Sutras and listen to the Buddha Dharma and then, we try to wipe away our view and remind ourselves of setting the *Pure Land* as our life's destination. Although our worries, anxieties, and attachments rise ceaselessly until the very end of our life, we live our life facing the *Pure Land*. And then, we live our steady life without losing our way.

The year of 2021 has begun. How do you want to live your life in 2021? I feel cold on my head, but I want to keep my heart and mind warm!! And I would like to enjoy walking the journey to the *Pure Land* with you in 2021 as well as before. ###

Betsuin Tea Talk with Leanne Nishi-Wong

I am not one to dwell on the past, as such, I do not keep a diary or calendar of by-gone events. I can remember significant occurrences, but not exact dates. I am always amazed at others who retain all the details of their adventures.

This past year has been significant in many ways. 2020 is a year that will not easily be forgotten. The Ministers' Meeting/National Council Meeting/Northwest District Convention event in February was a memorable affair. A gathering of that size would not be possible today. The theme "Dana for World Peace" accurately describes the rest of the year too. "*Dana*" or giving, has three components: Zaise (giving wealth), Muise (the practice of giving fearlessness) and *Hose* (spreading the Dharma).

The Seattle Betsuin has experienced all that "*dana*" embraces. The continuous support by temple members and extended Dharma friends is gratefully appreciated. Thank you to all that have contributed your time, talents and monetary gifts.

2020 also brought fear, sadness, loneliness and unforeseen losses. If you lost a loved one(s), please accept condolences on their passing. While the pandemic continues, there is positive faith in the vaccines that have been approved and are currently being administered. Looking forward to the day when services can be held in the Hondo again.

I always sign off the closing remarks of the services with, "May you be touched by Amida Buddha's compassion". Amida Buddha's wisdom and compassion is *dana*. The teachings of the many paths of life and the crossing over to the Pure Land are priceless affirmations. I hope that you find comfort and strength in the Dharma and the support of the temple community.

Best Wishes to You and Yours in this New Year!

Gassho,
Leanne



Photo by Tomi Zumoto

ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to "thank" the following for contributing their **2020** sustaining membership dues - the basic dues towards Temple maintenance/operations and programs. The minimum for individual membership is \$400 (for under 70 years of age), and \$350 (for 70 years of age and over).

Chris Grabowski, Sue Hatai, Erica Horn, Ken & Pam Horn, Jamie Huh, Tets & Kanako Kashima, Rose Kishi, Howard Luke & Marie Kosai-, Ted & Akico Taniguchi, Julianne Totsaya, Tazuko Uyenishi Jason Yokoyama, Donna Zumoto

We'd like to 'Welcome' **ROSE KISHI** as a new member to our Sangha

(Compiled by Howard, Joan, Pauline & Steph)

ZOOM KEEPS OUR LINKS BRIGHT AND STRONG

Meditation meets each Sunday mornings at 9:00AM—9:45AM. We start with a few minutes of catching up, open with SanBujo, Sitting in Gratitude Meditation for 20 minutes, chanting of Nembutsu and close with more catching up. If you would like a link to join us on Zoom, email webmaster@seattlebetsuin.com and specify SBC Meditation. Please join us.

Sangha Exchanges will be on January 3 and 17 at 11:00AM. Please find the Zoom links in the Weekly E-News prior to the given Sunday or email requests to newsletter@seattlebetsuin.com.

Dharma School Parents Dharma Exchange will take place on January 10 and 24. Please inquire with newsletter@seattlebetsuin.com for a link.

Buddhist Book Study Our next event will take place at 9:30-11:00am on Saturday, January 9, 2021. We will be watching and discussing part 2 of Rev. David Matsumoto's course, *Taking Amida's Vows as Our Own*. Please contact Wayne Suyenaga or webmaster@seattlebetsuin.com for a link to obtain the online course and for the zoom link to the meeting. In December's meeting, it was agreed that Rev. Matsumoto's teaching was succinct, clearly stated and ripe for discussion.

In the meantime, have a good holiday everyone.

Gassho, Wayne

Submitted by Irene Goto

Camp Fire News submitted by Ann Wong

Seattle Betsuin Sangha members. Please see link <https://youtu.be/l4ABUwt9a2U>.

Flying Squirrels submitted by Cassidy

The Flying Squirrels have finished their Trail to Family and Community. Megan and Cassidy have held meetings via Zoom and an outdoor in-person meeting. The girls have discussed promises of being a good friend and how and why compliments are important. The girls also missed Wisteria this year and made holiday pictures for the residents.

Alicorns submitted by Farrell Lusher

The Alicorns are meeting via Zoom/Teams and met for Pumpkin Carving.

Turtles submitted by Akiko Yabuki

The Turtles are meeting twice a month via Zoom this year. We enjoyed meeting with the Dolphins, Quarantine Virtual Outdoor Camp with Alisa & Jaimie and some time with the Flying Squirrels and Alicorns at the Pumpkin Carving Party. The girls miss visiting Wisteria View to kick off the holidays but did make a holiday greeting video and would love to share with

Lemonades submitted by Ann Wong

The Lemonades are meeting virtually via Zoom and have almost completed 2 of 4 Reflections – Celebrate Me and My Community. They plan to start a new one in January or February. The girls miss seeing everyone at Wisteria this year. Megan collected holiday pictures to display on the Wisteria front monitor.

Dolphins submitted by Grace Tazuma

The Dolphins are still meeting via Zoom. They are focused on finishing up their remaining Reflections projects.

**2021 Seattle Betsuin New Year's Party will be Virtual:
Sunday, January 10, 2021 11:45AM SAVE THE DATE AND THE TIME!
- Kiana, Jason, and Harrison**

Dharma School

Happy New Year! We wish our sangha a very happy and healthy 2021. As a Dharma School, we will start the new year together with an All-DS ZOOM craft. We also look forward to our first virtual New Year's party, as we know so much time and creativity goes into planning these reimagined BCA and temple events. Our volunteer DS Board members and teachers will continue to meet and teach online to keep DS thriving in 2021, and we had our first online DS Board Elections in December. We would like to welcome and thank our newest DS Board Member, Akiko Yabuki.

Gassho, Claire and Yvette

Classroom Reports

PreK/Kindergarten Class The Pre K/K class continues to receive lessons via email or mail. Although it is not the same as in person learning, the teachers are grateful that we can still spread the Dharma to the children.

The children learned about the Golden Chain with the focus on "being kind and gentle to every living thing". They did a project with a spider and a label reminding them to be kind and gentle to every living thing.

The students learned about the Butsudan and the different elements that are placed in the Butsudan and the meaning of each element. They were then given a blank Butsudan and arranged the different items in their Butsudan.

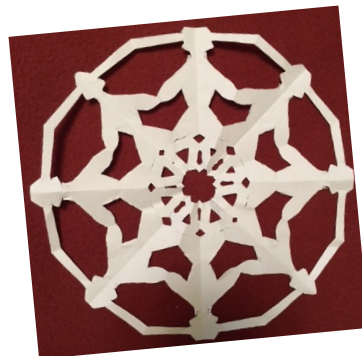
The students also made their own "Buddhist Memory Game" with pictures of different Buddhist symbols and items that can be found around the temple. One student saw that his Otosan was part of the game too!

The class learned about the significance and use and care of the onenju. After reading a story "The Sad Onenju," the class decorated an onenju with stickers for beads and strands of thread for the tassel. They also colored a picture of a boy and girl with hands together in gassho.

For Thanksgiving the children learned about being grateful. One lesson was dedicated to The Four Gratuities where the children made a project to put on their refrigerator about the four gratitudes – Parents, All Life, Community and the Three Treasures. They also were reminded to be thankful for their food and to remember to say "Itadakimasu" before they

eat and "Gochisousama Deshita" when they are finished with their meal to recognize and thank everyone associated with the meal, including the food itself.

Students learned about the significance of the Wheel of Dharma and Eightfold Path by making a "Teddy Bear Wheel of Dharma."



3rd-4th-5th Grade During our December Zoom classes, students shared book recommendations that classmates may enjoy reading during the winter break. It was endearing to hear them speak passionately about their loved books without giving the ending away. We also continued sharing the compassionate deeds we have been adding to our Golden Chain links. We focused our December classes on the importance of Bodhi Day and read a book called *Under the Bodhi Tree* by Deborah Hopkinson. After, we played a few rounds of BODHI BINGO with the information found in the story, and there was a thrill of a little competition and shouts of "BINGO" through the computer! The students created Bodhi Day ornaments and thoughtful gift cards to give to family and friends. Happy new year!

6th-7th-8th Grade The middle school class explored Buddhism through music in December, starting with Kusunoki Sensei, Ayano San, and Yui-chan demonstrating the gagaku instruments with the students playing along on kazoos. Then, the kids experimented with the trance aspects of sutras by chanting over hip hop beats. Finally, students choose Buddhist texts and concepts to layer over Christmas carols, and we all sang together!

The students have agreed, they would like to spend more social time together outside of class time. They are working on setting up a regular zoom meeting, where they can talk and play online video games together.

- Joyce Tsuji

Seattle Betsuin Buddhist Women's Association

Submitted by Janie Okawa

SBBWA's Mission is to cultivate religious awareness as Jodo Shinshu Buddhist women and promote fellowship among its members; to serve and support the Seattle Betsuin, and contribute services to the welfare of the community.

SBBWA is happy to support the **Jr. YBA in their service project** of helping the YouthCare Orion Center by collecting unused toiletries and making face masks. It is a nice way of honoring our founders Lady Takeko Kujo and Lady Kazuko Ohtani whose humanitarian work was a corner stone of our organization. They organized care packages for soldiers and helped the neediest of their community. If you are making masks, please email me to let me know how many you donated. Thank you! The Jr. YBA will collect items on **Friday, January 15, 1-4pm, and Saturday, January 16, 9am-3pm.** (enter near the gym and head east through the alley)



Pat Bobrow with her "kimochi" gift

Each year we make a small "thinking of you" gift to our members who are not able to make it to the temple. This year 38-40 members received our "kimochi holiday gifts," thanks to Fran

S. & Karen A. plus Loraine, Tomi Z., & Tina Z-K, Suzanne F., Kiyoko T. They delivered all over the Puget Sound area including Lakeshore, Nikkei Manor, Merrill Gardens (Renton), Wisteria Manor, Kawabe House, and 14 private homes. The package contained five *mikan*, a face mask, and calendar, and with a personalized greeting tag. →

For the most important **Hoonko Service**, SBBWA usually serves **nigome and zenzai**. This year, thanks to the joint efforts of Karen & Yukio M., Nina T-K, Aiko F., Machiko W., Ritsuko K., and Kinue K. we will be providing a recipe, which is approximately the one used to serve 100 people, and includes instructions. Be sure to tune-in to the Hoonko Service **January 17!** The Morikubos and Nina will be providing a serving for the online service.

Welcome our new 2021 board members, *Janet B, Margaret G, Marie K-L, Rosalie M, Sheri M, Judith N, Joan N, Marlene O, Ann O, Darlene S, Fran S, Nori S, Leslie S, Susie T, Mayumi T, Yvette T, Nina T-K, Julianne T, and Tomi Z.!* And thanks all the previous members for adding their knowledge and support to our group. Two long-serving members, Shirley S. and Akiko T. have become Honorary Board members. Thank you for your valuable participation and help all these years!

We are sad to report the loss of two SBBWA Honorary Board members.

- Yasumi Osako passed away September 13 at the age of 97.
- Fumie Taniguchi passed away in November at the age of 100.

upcoming events:

- Jan. 3 Board of Directors' Meeting
- Jan. 15 & 16 Jr. YBA Orion Center toiletry-drive drop-off
- Jan. 17 Hoonko Service with *nigome* recipe provided online



###

BCA NWD JOINT BODHI DAY SERVICE



Premiered on December 13, 2020. View the service on <https://www.oregonbuddhisttemple.com/post/dec-13th-nw-district-joint-bodhi-day-service>. Rev. Jerry Hirano officiated, Rev. Tadao Koyama led chanting of Jusan, Rev. Katsuya Kusunoki led chanting of Ougonge, Rev. Jim Warrick and Rev. Noriaki Hayashi gave the dharma talks. This was a joint effort by the ministers of Idaho Oregon Buddhist Temple, Oregon Buddhist Temple, Seattle Betsuin Buddhist Temple, Spokane Buddhist Temple, Tacoma Buddhist Temple, White River Buddhist Temple and Yakima Buddhist Church. Rev. Nariaki Hayashi from Ekoji Buddhist Temple, Virginia, was guest speaker. Thank you, Oregon Buddhist Temple, for providing the video. Submitted by Irene Goto

RESOLUTION in 2021

(E . . . Excellent, G . . . Good, S . . . So so, B . . . Bad)

	RESOLUTION	EVALUATION
1		
2		
3		
4		
5		

NAME: _____

DATE: _____

Musical Notes

by Kemi Nakabayashi

Although the challenges of the Covid-19 pandemic continue and we plan more online programming in 2021, we can still celebrate the accomplishments of 2020. From the music perspective, the Seattle Betsuin 12th annual Autumn Music Service on November 22 as of this writing has over 600 views! The virtual pre-recorded format allowed all of the temples in the Northwest District to participate along with the Cherry Blossomz singers, our guest musicians from California. This virtual service was selected to be highlighted in the BCA 2021 online calendar. Other online special services in 2020 also received more than average viewing. Plus, the Seattle Betsuin technical team and bon odori committee produced a successful set of bon odori practice videos and virtual bon odori event. The gatha book audio project, begun before the pandemic, sustained our ability to provide gatha recordings while we solicited additional singers and methods of recording. In December, we premiered *The Bodhi Tree* and *How Sweetly the Lotus Grows*, completing presentation during 2020 of five of the **Six Songs for Buddhist Children** published in 1990 by the late Linda Castro. The sixth song is *Silent in the Temple*, a round that we sang together at a temple hondo service in 2019. The virtual format does pose challenges for including musician participants and viewers who are not able to easily access the Internet for these online services. For learning gagaku music, monthly online gatherings organized by Rev. Kusunoki for the Seattle Betsuin Gagaku Group have been successful with experienced leaders to work with and practice different gagaku instruments in breakout sections. We will seek innovative ways to present music in 2021 and welcome additional participants from our temple sangha (of any age!) who are willing to support the service music.

The BCA Ad Hoc Music Committee's charter was accepted at the BCA National Board meeting last month. Music subcommittee work will ideally inform, engage, and help the BCA community across the country. The Bon Odori/Taiko/Public Music subcommittee, for example, plans to survey BCA temples about the challenges and successes of presenting virtual bon odori and share best practices. The Music History subcommittee has ambitious plans also to document and share stories about the pioneers

of BCA music dating back to pre-World War II and after. The New Gathas subcommittee is working on developing creative ideas. If any of these activities sparks an interest, please let us know through the Seattle Betsuin office if you would like to be involved. Everyone can check out the anticipated launch of a revamped BCA website which will include a dedicated Music webpage.

BCA Center for Buddhist Education is kicking off 2021 with the Jodo Shinshu Artists and Musicians Showcase (JAMS) on Sunday afternoon, January 10 at 1 pm PST. Highlighting the talent of youth participants from many BCA temples, we anticipate seeing some familiar performers from Seattle Betsuin. Please register for the Zoom link to join this free family concert. https://www.buddhistchurchesofamerica.org/wp-content/uploads/2021_01_10_concert_flyer.pdf

Thank you, Kemi, for the joy your piano accompaniment, arrangements, and tireless coordinating of special music services the past 12 years have given us.
Gassho - IG

BCA J.A.M.S.

Jodo Shinshu Artists & Musicians Showcase



AIEA - EKOJI - FRESNO - HIGASHI - KONA -
MOILILI - MOUNTAIN VIEW - OCBC - PALO ALTO -
SACRAMENTO - SALT LAKE - SAN FRANCISCO -
SAN MATEO - SEATTLE - OAKLAND - OXNARD

EVENT DATE: JAN 10
SUNDAY 1PM (PST) 2021



EVERYDAY BUDDHIST

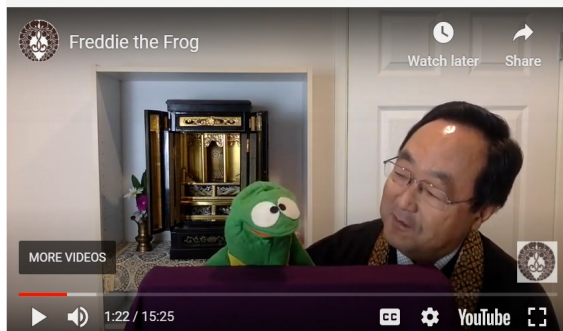
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When you subscribe for \$95 per year (or \$10 per month) you get unlimited access to 12 NEW Courses and support our mission to share contemporary Shin Buddhist practices for everyday life. You will no longer have to pay for courses individually and you will still have access to all courses you previously enrolled in or paid for. And that is just the beginning as we will continually be adding more courses and features to the EVERYDAY BUDDHIST experience: <https://www.everydaybuddhist.org/> or <https://everydaybuddhist.teachable.com/> - IG

When you subscribe for \$95 per year (or \$10 per month) you get unlimited access to 12 NEW Courses and support our mission to share contemporary Shin Buddhist practices

Message from Bishop Marvin Harada

Rev. Harada and sidekick Freddie the Frog share a special dharma message for children and the young at heart:



[Freddie the Frog - YouTube](#)

Center for Buddhist Education (CBE) YouTube Channel

<https://www.youtube.com/buddhistchurchesofamerica>

ONLINE HOONKO SHINRAN SHONIN'S MEMORIAL SERVICE SCHEDULE



January 10 (Sunday) 10:00 AM Dharma Messages

Rev. Koe Umezu, Kaikyoshi Assistant, West Los Angeles Buddhist Temple (English)
Rev. Koho Takata, Resident Minister, West Los Angeles Buddhist Temple (Japanese)

January 11 (Monday) 7:00 PM Dharma Message

Rev. Ryuta Furumoto, Resident Minister, Senshin Buddhist Temple (English)

January 12 (Tuesday) 7:00 PM Dharma Message

Rev. Kiyonobu Kuwahara, Manager, Jodo Shonshu International Office (English)

January 13 (Wednesday) 7:00 PM Dharma Message

Rev. Yushi Mukojima, Resident Minister, Mountain View Buddhist Temple (English)

January 14 (Thursday) 7:00 PM Dharma Message

Rev. Katsuya Kusunoki, Resident Minister, Seattle Betsuin Buddhist Temple (English)

January 15 (Friday) 7:00 PM Dharma Message

Rev. Marvin Harada, Bishop, Buddhist Churches of America (English)

January 16 (Saturday) Hoonko Seminar "True Essence of Pure Land Way: True Teaching" 9:00 AM - 10:30 AM (Japanese), 10:45 AM - 12:15 PM (English)

Rev. Kenneth Fujimoto, Minister Emeritus, Buddhist Churches of America (English)
Rev. Ryoso Toshima, Minister Emeritus, Honpa Hongwanji Mission of Hawaii (Japanese)

January 17 (Sunday) 10:00 AM Hoonko Service

Rev. Kenneth Fujimoto, Minister Emeritus, Buddhist Churches of America (English)
Rev. Ryoso Toshima, Minister Emeritus, Honpa Hongwanji Mission of Hawaii (Japanese)

For non-members, contact WLAdharmacenter@gmail.com

WEST LOS ANGELES BUDDHIST TEMPLE
DHARMA CENTER

DIAL THE DHARMA

Call the toll free number - 800-817-7918 to hear Bishop Harada's message

Push "1" for English and "2" for Japanese

Please share this phone number with friends, family, and those Sangha members who may not use computers or the internet, to be able to listen to a short Dharma message during this time of sheltering at home.



BUDDHA DHARMA 24-7

EverydayBuddhist.org has over one hundred hours of Shin Buddhist education and Dharma content which is available 24/7. Our response to this crisis is to provide:

- More free content for everyone**
- Frequent blog posts**
- Livestream "How To" courses and Q&A offerings**

Online Dharma support is more important than ever during these stressful times. Come check us out.

[Everyday Buddhist.teachable.com](http://EverydayBuddhist.teachable.com)



CBE SEMINARS ONLINE FOR ALL

FREE & OPEN TO THE PUBLIC - REGISTER FOR ZOOM LINK

*Pacific Time - Check local time zone

SATURDAY, JANUARY 9, 2021 11 AM - 1 PM*

SHIN BUDDHISM & SCIENCE FICTION

Venture into dharma explorations inspired by science fiction films

SPEAKERS:



Rev. Harry Bridge spent various parts of his youth in both Tokyo and the Boston area. He encountered Buddhism while in college, and although he had dreams of becoming a professional musician, he instead found his way into the Buddhist ministry. He has served as resident minister for the *Buddhist Church of Oakland* since 2009; is the current chair of the BCA Ministers Association; and adjunct faculty at the Institute for Buddhist Studies. He co-hosts *DharmaRealm.com*, with Dr. Scott Mitchell, podcasts "about Jodo Shinshu Buddhism, Buddhism in the modern world, pop-culture, music, sci-fi and how all those things are related"



Rev. Jon Turner and his family first began attending *Orange County Buddhist Church* (OCBC) in 1999. Two years later he began his path toward the ministry as a minister's assistant; graduated from Institute of Buddhist Studies (IBS) in 2010 with a master's degree in Buddhist Studies, and received Tokudo ordination. In 2012, he was ordained as a Kyoshi minister. After retiring from a 35 year career as a computer programmer, he became a fully ordained Kalyoshi minister at OCBC in 2017. He is also an instructor for *Everyday Buddhist*, a new "online Buddhist experience."



Rev. Landon Yamaoka is in the M.A. degree program at the *Institute of Buddhist Studies* and is a minister's assistant at the *Palo Alto Buddhist Temple*. Before pursuing the ministerial path and receiving Tokudo ordination in 2019, he worked with non-profit organizations as a life skills/rehab counselor for formerly incarcerated youth, a camp counselor for a youth leadership training program in SF Japantown, and case manager/job coach for adults with developmental disabilities. This past June, he presented a CBE online talk, "Seeing Shin in Star Wars," a focus of his M.A. thesis. (v3)

REGISTRATION - Free

Click to Register:
<https://forms.gle/TorpbefG6s4Lr1Ltz>

DONATIONS GRATEFULLY ACCEPTED

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CBE SEMINARS ONLINE FOR ALL

FREE & OPEN TO THE PUBLIC - REGISTER FOR ZOOM LINK

*Pacific Time - Check local time zone

SATURDAY, JANUARY 30, 2021 5 PM - 6:30 PM*

Relevant American Buddhists

Who and what were the RAB? Stories from BCA's 1970s program for young adults



SPEAKER:

Rev. Dr. Kenneth Tanaka

Rev. Tanaka is a Musashino University professor emeritus, having retired in 2018 after 20 years as a professor of Buddhist Studies. He graduated from Stanford University (BA), Institute for Buddhist Studies (MA), Tokyo University (MA), and University of California at Berkeley (PHD). He received Jodo Shinshu Hongwanjisha ordination in 1978. He then served as associate professor and assistant dean at IBS for 10 years and was a Buddhist Churches of America (BCA) resident minister for 3 years. Among his many publications, he has focused on youth and young adults in *Ocean: An Introduction to Jodo-Shinshu Buddhism in America* and *Jewels: An Introduction to American Buddhism for Youth, Scouts and the Young at Heart*.



During the 1970's, Rev. Tanaka served as a national coordinator for the Relevant American Buddhist (RAB) Enterprise, and worked with a network of RAB "District RABs" - many of whom are active in the BCA today as ministers and leaders. According to a 1972 report, RAB's purpose was to "Render Buddhism dynamically more relevant for young people, especially those between high school Junior to age 25."

REGISTRATION - Free

Click to Register:
<https://forms.gle/KYmPQQv5m6DqR3xz5>

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visit: buddhistchurchesofamerica.org email: cbe@bcahq.org tel: 510.809.1460



Book Talk

"Discovering Buddhism in Everyday Life"

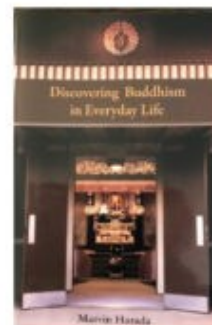
Listen to the stories behind this collection of heartwarming essays

By Rev. Marvin Harada

Bishop, Buddhist Churches of America

February 6, 2021

10:00 am to 11:30 am (PST) Zoom



Registration is Free:

Click to register: <https://forms.gle/kqyanuxp3KnpurQa8>

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Books can be ordered at Hongwanjiplace.com/online-store

SEATTLE BETSUIN BUDDHIST TEMPLE

Practicing in the Jodo Shinshu Tradition

- Wednesday chanting, sutra study, and dialogue led by Rimban Kusunoki. See "Full Calendar" on <https://seattlebetsuin.com> and email webmaster@seattlebetsuin.com for meeting link.
- Seattle Betsuin Book Study meets Saturday morning once per month. Email webmaster@seattlebetsuin.com for meeting link.
- Sitting in Gratitude Meditation meets Sunday mornings at 9:00AM. Email webmaster@seattlebetsuin.com for meeting link.
- Seattle Betsuin YouTube Channel for live-streamed and recorded Sunday and weekday morning services: <https://www.youtube.com/seattlebuddhisttemple> and see Play Lists.



Podcast by

Rev. Takashi Miyaji <https://rdtakam.podbean.com/> or



<https://podcasts.apple.com/us/podcast/no-doubt-a-shin-buddhist-approach/id1511351502>

Podcast on Oakland Buddha statue



<https://ohthepodcastsyoullgo.wordpress.com/2017/11/16/oakland-buddha-statue/>

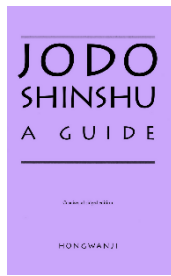
For old fashioned print

- **PACIFIC WORLD** Journal of the Institute of Buddhist Studies: <https://pwj.shin-ibs.edu/> Issues of the Pacific World Journal from 1980's to current. All the articles can be downloaded in pdf. Recent issues are more specialized but some in the 1980s were directed to general audience but still of interest.

- **MURYOKO** 'Infinite Light'



Journal of Shin Buddhism (main articles): <http://nembutsu.info/contents.htm> This is from the Australian Jodo Shin group.

-  *Jodo Shinshu: A Guide* is available as a [PDF on the BCA website](#). BCA stands for Buddhist Churches of America. This abridged edition provides an overview of Buddhism, Shinran Shonin, and the Jodo Shinshu teaching. <https://www.buddhistchurchesofamerica.org/jodo-shinshu-a-guide/>



Free video lectures offered by the Center for Buddhist Education
For upcoming programs:

<https://www.buddhistchurchesofamerica.org/center-for-buddhist-education/> For previous programs and play lists: <https://www.youtube.com/c/BCACenterforBuddhistEducation/videos>



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is dedicated to providing a platform for the expression of young Buddhists and a safe space where such young Buddhists can foster growth, community and interconnectedness while creating a dialogue between young Buddhists and other generations of Buddhists. Articles, artwork, and workshops:

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###

Seattle Betsuin Gratefully Acknowledges the Following Donations November - December 2020

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Nokotsudo for Alan Nakamura	\$ 500.00	Ted Nakamura
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Kawabe Memorial Fund	Balance of Annual Allocation
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JANUARY 2021 BETSUIN SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>To view all services, please visit http://www.youtube.com/seattlebuddhisttemple</i></p>						
3	9 am Meditation on Zoom 10 am SUNDAY SERVICE livestream English Dharma Talk: Rinban Japanese Dharma Talk: Rinban 11am Sangha Exchange on Zoom 11am All Dharma School classes meet on Zoom	4 10 am livestream Morning Service 11 am Seattle Japanese Dharma Gathering - Zoom	5 <i>Rinban's day off</i>	6 10 am livestream Morning Service 11 am Sutra Chanting & Dialogue - Zoom	7	8 <i>Rinban's day off</i> 10 am Japanese Play Group	9 10 am livestream Joint Memorial Service
10	9 am Meditation on Zoom 10 am SUNDAY SERVICE streamed on YouTube English Dharma Talk: Rev Rosalie May Japanese Dharma Talk: Rinban 11 am DS Dharma Exchange on Zoom 11-45 am Betsuin New Year's Party on Zoom	11 10 am livestream Goshoki Hoonko 11 am Seattle Japanese Dharma Gathering - Zoom	12 <i>Rinban's day off</i>	13 10 am livestream Goshoki Hoonko 11 am Sutra Chanting & Dialogue - Zoom	14 10 am Japanese Play Group	15 <i>Rinban's day off</i> 1-4 pm YBA mask/toiletry drop off in alley	16 10 am livestream combined Hoonko/ Joint Memorial Svc 9 am - 3 pm YBA mask/toiletry drop off in alley
17	9 am Meditation on Zoom 10 am HOONKO SERVICE streamed on YouTube English Dharma Talk: Rinban Japanese: Rev Daido Baba, Hilo Betsuin 11 am Sangha Exchange on Zoom	18 <i>Holiday</i> Martin Luther King Jr. Day	19 <i>Rinban's day off</i>	20 10 am livestream Morning Service 11 am Sutra Chanting & Dialogue - Zoom	21	22 <i>Rinban's day off</i> 10 am Japanese Play Group	23 10 am livestream Joint Memorial Svc 2 - 3 pm Gagaku practice
24	9 am Meditation on Zoom 10 am NW MINISTERS HOONKO SVC streamed English: Rev Jerry Hirano, Salt Lake Japanese: Rev Koho Takata, West LA 11:00 am DS Dharma Exchange on Zoom	25 10 am livestream Morning Service 11 am Seattle Jpns Gathering 8 pm Newsletter deadline	26 <i>Rinban's day off</i>	27 10 am livestream Morning Service 11 am Sutra Chanting & Dialogue - Zoom	28 10 am Japanese Play Group	29 <i>Rinban's day off</i>	30 10 am livestream Joint Memorial Service
31	FEBRUARY 2021 SPECIAL EVENTS (All services will be virtual)						
9 am	Meditation on Zoom	February 7	Scout Sunday Service				
10 am	SUNDAY SERVICE streamed on YouTube English Dharma Talk: Meya Stout Adult Dharma Talk: Rev Matt May Japanese Dharma Talk: Rinban	February 14	SBBWA & NW Ministers Lady Kujo & Lady Ohtani Memorial Service				
		February 21	Nirvana Day / Pet Memorial Service				
		February 21	Betsuin Annual General Meeting (virtual) at 1:30 pm				

Seattle Buddhist Church
1427 S Main Street
Seattle, WA 98144

2021 January
Wheel of the Sangha
A Monthly Newsletter of
Seattle Buddhist Church

YBE'S BOOK CLUB FOR
OPTIMISTIC PEOPLE:
[https://
www.youngbuddhisteditorial.com/
bookclub](https://www.youngbuddhisteditorial.com/bookclub)

2021 FAMILY MEMORIAL SERVICE SCHEDULE

In the Jodo Shinshu tradition, family memorial services are held on designated anniversaries to express gratitude and recall cherished memories of our loved ones while listening to the Buddha Dharma. While the Temple is closed due to the Covid-19 pandemic, Rinban Kusunoki will read your loved one's name during the Joint Memorial Service livestreamed on most Saturdays at 10 am or will conduct a virtual service for your family and friends. If you have a family member who passed away in the following years, you are encouraged to hold a memorial service in 2021:

<u>Year of Death</u>	<u>Service</u>
2020	1st year memorial
2019	3rd year memorial
2015	7th year memorial
2009	13th year memorial
2005	17th year memorial
1997	25th year memorial
1989	33rd year memorial
1972	50th year memorial

Please call the Temple office at (206) 329-0800 to schedule a service.
- JN

LIVE DHARMA SERVICES

STREAMING SUNDAY MORNINGS

Check temple websites to confirm weekly schedules

RECENT SERVICES & TALKS

Posted regularly on temple websites and social media

SAVE THE DATE!
2021 New Year Party
goes virtual
January 10, 2021
11:45AM

Stay tuned for virtual place

Contact Us

Seattle Betsuin
Buddhist Temple
1427 S Main Street
Seattle, WA 98144

Phone: 206. 329.0800
Fax: (206) 329-3703
office @SeattleBetsuin.com
SeattleBetsuin.com

Office Hours
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updates and for
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<https://www.buddhistchurchesofamerica.org/connect/>

Wheel of the Sangha Editors
Irene Goto, English: newsletter@seattlebetsuin.com
Machiko Wada, Japanese: newsletter-jpn@seattlebetsuin.com
Deadline is the third Monday each month at 8PM

Minister 24 hours
206.779.2214