

## Dana for World Peace

Part 3 by Rimban Katsuya Kusunoki

Before Sakyamuni Buddha was enlightened, he had been reborn as different beings many times to fulfill the Buddhist Practice. The Jataka Tales tell the stories while Sakyamuni Buddha had reincarnated. I would like to introduce "The King Shibi and an Eagle" in the Jataka Tales and have you think about what Dana (Giving) is to you.

There was a King whose name was Shibi. One day a pigeon flew into his palace and said, "King Shibi, please save me from the Eagle. The Eagle trying to catch me." Then, the eagle flew in and caught the pigeon.

"King Shibi, give me the pigeon. The pigeon is my game," demanded Eagle.

"Eagle, why do you threaten this pigeon?" countered King Shibi. "All beings call you the king of birds and show their respect to you as a strong and wise bird. The pigeon became frightened and asked for help. I cannot give you the pigeon."

"All beings eat something to survive," responded Eagle. Human beings can live without having money, material, and properties, but no one can live without food. I die if I don't get anything to eat. If I die, my wife and child would die also. If you save the pigeon, someone else will die. Is this what a King is supposed to do?"

"OK, I understand. You want something to eat, don't you? I will prepare some food for you."

"King Shibi, Eagles don't eat vegetable and fruit. Eagles don't eat pork and beef. Eagles eat pigeons. This is how we live."

"OK. I have a deal. I will give you the meat of my body. I will give you the same amount of my meat equal to the pigeon".

Then, King Shibi asked his vassal to bring a balance scale and to put the pigeon on one side of the

scale. Then, he cut off his arm and put it on the other side of the scale. But the scale was still leaning toward the side of the pigeon. He cut his off his leg and put it on the scale, but it was not enough. He kept adding the meat of his body to the scale, but the scale did not balance. Eventually, he put his entire body on the scale; then the scale finally became balanced.

This is a famous Jataka tale, "The King Shibi and an Eagle." Sakyamuni Buddha is a reincarnation of the King Shibi. The Indian gods turn into the pigeon and into the eagle in order to find out how much determination King Shibi had to fulfill the Buddhist practice. This story also tells us that all

lives are equally precious. What do you think about this tale?

It is also a metaphor to tell us what Dana (giving) is. Dana is one of the important Buddhist practices. There are two important understandings about Dana. One is that Dana is the practice of selfless giving and the other is that Dana is the practice of giving without calculation. In the tale, the King Shibi first calculated and compared the amount of meat, but the balance scale was not balanced. Then he stopped calculating and offered his entire body. The balance scale was finally balanced. It was true Dana. The balanced scale also implies that the King Shibi's Dana was fulfilled.

We may think that his action is just self-injury and not cherishing his body



January What's Inside	p.#
Dharma School Notes	2
Dharma Exchange Notes	3
Musical Notes	4
Donations	5 - 6
NW Convention	7 - 9
IBS Symposium in Renton	10
Eco Sangha & polystyrene Membership, Playgroup	
Mindful Eating Retreat	11
Memorial Schedule	
Buddhist Book Study	12
Dharma School Dharma Exchange, SBBWA	13
Nikkei Manor Bodhi Day	
Gojikai Tea, お寺で遊ぼう	14
Japanese Section	15 -18
Betsuin Calendar	19
Contact Information	20

continued on p. 2

**Rimban's Message continued from p. 1**

and life. It is because we measure Dana using our yardstick, our standard, and our common sense. We misunderstand Dana if we measure Dana using our calculation. Dana has much bigger and deeper meaning than we understand. A person must be completely selfless and have zero calculation to achieve the practice of Dana. True Dana costs us our lives. It is truly a strict and difficult practice. I don't think any of us can fulfill the practice of Dana.

Dana that we commonly know is self-centered giving, with calculation. As Shin Buddhist followers, we should know that it is only just a small and imitative Dana that we can practice. With this understanding, then, we think of what we can do for others. There are many things we can do for others. We can support someone who needs help. We can donate money or material for others. We can also share the teachings of Buddha with others. We cannot give up our lives as a one-time sacrifice like the King Shibi did as Dana. But we can still learn the spirit of Dana. We can grow the spirit of Dana in our hearts little by little our entire life. It is not Dana, at all, if we grow to become vane and arrogant.

We first understand what Dana is and know that we can practice just small and imitative Dana. Although we can only practice small Dana, we do our best to support others. Then, whatever we do, we always ask ourselves if we are learning the spirit of Dana and if it is growing in our hearts. This is the Jo-do Shinshu, Shin Buddhist Dana. Based on this understanding, please think about "Dana for World Peace".

Gassho

## Dharma School Notes

Thank you to everyone who participated in the Bodhi Day potluck. It was a very enjoyable and yummy event.

### Classroom Activity Reports

The Pre-K/K students listened to the story The Ugly Pumpkin and talked about gratitude and being thankful for who we are as well as for those around us, especially our friends and family. They were asked to take time at Thanksgiving to express thankfulness to those who have made them who they are today and to remember to be grateful for the Nembutsu. The students make Happy Thanksgiving turkeys to take home. To continue learning about gratitude, the children read the book called The Thankful Book, reminding them of the many things to be thankful

for. One way to say Thank You, is to say, "Namu Amida Butsu". The children made door hangers with an onenju on hands in gassho to place in their homes as a constant reminder to say Namu Amida Butsu on a daily basis. The class observed Bodhi Day by listening to a story of the life of Siddhartha Gautama and his path to enlightenment. The students made a Bodhi tree with sitting Buddha to celebrate the special day. The class talked about the holidays, gifts and receiving the greatest gift of all – the gift of the Nembutsu. The students made an Amida Buddha necklace to wear close to their hearts.

In November, students in 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade class learned about Interdependence. With temple clean up, the YBA zip pack fundraiser, and Muen Hoyu/Ochigo the last 3 weeks, discussions in class have been about the running of the temple, and how we participate as a community. This week, we talked about the ways that those before us have laid the groundwork for our current dharma school and how we play a role in creating traditions for future dharma school students. Both students and the teachers enjoyed looking through the temple yearbooks and reading the descriptions (from as long ago as 1901!) of the early years when the temple built. Of particular interest were photos of Ochigo, Campfire, Scouts and Bon Odori from the past – a wonderful way to connect today's kids with their elders and honor our temple's history.

In December, we celebrated Bodhi Day by making ornaments. The class has been busy with getting the table decorations ready for the New Year Party. Thank you, middle schoolers, for coming to help us with the decorations! Submitted by Joyce Tsuji



Photo

by

Rev. Kusunoki and Youth Minister's Assistants guide Dharma School students in an interactive activity demonstrating interdependence after Children's Service on December 1, 2019. A dedicated service for children is held six times per year in Memorial Hall chapel. - IHG

# Dharma Exchange Notes *is*

*a mix of discussion and educational programming that takes place in the dining room downstairs. Join us — we enjoy coffee and donuts almost every Sunday after service.*

**Nov. 24, 2019** Led by Rev Kusunoki on “Dana for World Peace”, the theme for 2020 NW District Buddhist Convention and BCA National Council Meeting. This theme is taken from Nishi Hongwanji’s theme which includes “Feed the Children” as a sub-theme by Gomonsu.

Both Rimban and participant Mas suggested that everyone think broadly of the theme and not get stuck on one idea; everyone can widen their understanding of *dana* according to different ideas. There are 3 different aspects of giving, *dana*, in Buddhism: 1) *zai-se* monetarily or in material, 2) *Ho-se* Dharma-centered 3) *mui-se* to allow integrity or fearlessness. Joe said the concept can be small, local, in the neighborhood or expansive to county and country; one doesn’t need to sign-away his wealth. Rimban’s examples: dharma school, Global World Relief (Karla), nursing homes, food banks.

A definition for *mui-se* was offered: “take heart” or take courage.

Rev Castro praised Jr. YBA for raising enough funds to plant 1000 trees; he referenced the Trillion Tree Campaign. Whereas in the past the temple was in the receiving side, today the temple is in the giving -side.

Jay: There is value in gathering together for comfort.

Pat: Solar panels and electric cars.

Shirley: Although Pope Francis, on his recent visit to Japan, advocated for the abolishment of nuclear weapons, Japan has not signed the U.N. Treaty to abolish them. She suggested that the Gomonsu could advocate for Japan signing.

*Dana* is Bodhisattva practice, not giving up.

**December 1** Young Adult Youth Minister’s Assistants (YAMA), Trevor Yokoyama (left) and Devon Matsumoto (right) gave dharma talks. Devon writes, *Trevor’s dharma talk was about gratitude and thankfulness revolving around the term arigatai. He also used the translated version of Ondokusan II to emphasize the importance of showing thanks. He used his grandma as an example of what it means to give thanks.*

*My dharma talk was focused around what the*



*nembutsu or “namo amida butsu” means. Using its literal and figurative meanings to encourage those to seek out the truth of the nembutsu for themselves.*

*There was a short QA after the talk about why Trevor and I are so engaged at a young age. Both of our responses revolved around the importance of the YAC retreat and wanting to give back to temple communities that raised us.*

"The youth MAs were impressive today!" wrote Kemi Nakabayashi and shared these photos.

**December 8** Reverend Brian Nagata, BDK (Society for the Promotion of Buddhism) America’s Director of Education, gave the Sunday Service dharma message, with the help of his Mr. Beaver. His message encouraged children and adults not to put-off until “later” to listen and understand the dharma. At Dharma Exchange Rev. Nagata followed with another message about how grateful he is for his life and the meaning of “itadakimasu”, (grace before meals). He asked for a raise-of-hands of those who say, “itadakimasu” before meals; most raised their hand. He said a poll in Japan showed that most people still put their hands together and say, “itadakimasu” before meals. As Rev. Nagata ages, he is especially grateful for his food. But he laments that he won’t need food in the Pure Land. Following his talk he talked about BDK (Bukkyo Dendo Kyokai) and how the late Reverend Dr. Nehan Numata started Mitsutoyo Corporation for the specific purpose of spreading the teachings of Buddha. Go to <https://www.bdkamerica.org> for more information.

**December 15** The program committee for the upcoming NW District Buddhist Convention of BCA held combined Dharma Exchange in the hondo. Their purpose was to test a system of compiling data via smart phones. It seemed to work.

Submitted by Irene Goto



# Musical Notes

We begin the New Year 2020 in gratitude for a remarkable year of musical accomplishments in 2019. Before year end, the second printing of the Seattle Tacoma Gatha Book and Accompanist's Book ***Sing Namō Amida Butsu*** was completed. Our Dharma friends in Hawaii continued to support the project with some notation corrections for the accompanist's book made with the keen assistance of Francis Okano, the chairperson of the Hawaii Music Committee. Our gatha books have been used regularly at Honpa Hongwanji Mission of Hawaii since late spring. This temple led the purchase of additional books for use for children's service in Honolulu and spread the word such that other temples on Oahu, Maui, and Kauai have placed orders for the gatha books. In addition, 13 BCA temples and sanghas outside the Northwest District, as far east as Ekoji Temple in Virginia, will be using our gatha books, as well as Buddhist Temple of Southern Alberta in Canada.

The Seattle Betsuin Gagaku Group is practicing regularly to perform for the BCA National Council Meeting and Northwest District Convention closing service while Northwest District Singers, Seattle Betsuin Ukulele Band, and the Bodhi Ensemble prepare also to provide musical accompaniment for the convention services. In addition, we are recruiting musicians as buskers during the breaks on Saturday, February 22. Please contact Ieene Tanabe or Kemi Nakabayashi if you are interested. We welcome any musical genre and plan to support charities which coincide with the ***Dana for World Peace*** convention theme with the donations raised by the musical offerings.

Thank you to alumni founding members Kristy, Emily Y, Kayla and Alina who returned to provide service music for the New Year's Eve Joya-E service. Photos from our Autumn Family Music Service and Bodhi Day service are included with gratitude for everyone's participation.



Seattle Betsuin Ukulele Band at the Autumn Family Music Service



Seattle Betsuin Sangha Singers at the Autumn Family Music Service



Mark Taylor rehearsing the Bodhi Ensemble before the Autumn Family Music Service



Mark Taylor rehearsing and playing sax with the Bodhi Ensemble for Bodhi Day service

Submitted by Kemi Nakabayashi

# The Seattle Betsuin Gratefully Acknowledges the Following Donations November - December 2019

## Funeral / Memorial / Nokotsudo:

## Given by:

Mort Bobrow – Funeral Service	\$ 500.00	Patricia Bobrow
Yuki Nakamura – 17 <sup>th</sup> Year Memorial	\$ 300.00	Masako & Sam Uchida
Kodogoda – In Memory of	\$ 300.00	Kimiko Kodagoda
George Kodama – 3 <sup>rd</sup> Year Memorial	\$ 300.00	Tokuzo & Mari Okumura
Ryomi Tanino – 3 <sup>rd</sup> Year Memorial	\$ 300.00	Ken & Lynne Tanino
Nokotsudo for James & Ayako Demise	\$ 250.00	Douglas & Joyce Handa
Fumio Hamakawa – In Memory of	\$ 200.00	Ron Hamakawa
Mimaki Hamakawa – In Memory of	\$ 200.00	Ron Hamakawa
Ted Takeo Imanishi – In Memory of	\$ 125.00	Richard & Teresa Imanishi
Toshiko Imanishi – In Memory of	\$ 125.00	Richard & Teresa Imanishi
Hiroko Hasegawa – In Memory of	\$ 100.00	Kathy Hasegawa
Jim Hasegawa – In Memory of	\$ 100.00	Kathy Hasegawa
Minoru Ota – In Memory of	\$ 50.00	Lani Carpenter
Shin Kurata – In Memory of	\$ 15.00	Anna Kurata

## In Memory of:

## Given by:

Fumi Alice Bunya	Anonymous
Mort Bobrow	Ellen Hale; Peggy Hanada; Ritsuko Kawahara; Takako Kogita; Carolyn M. Kunihiro; Mabel Nishizaki; Laura Holmes Peters; Roy & Kazumi Shimizu; Frances Shintaku; Peggy Tanemura; Theodore & Akico Taniguchi; Dolly Tokunaga
Rose Fujinari	Donald & Karen Akira; Suzanne Fujinari
Mitsuko Fukuhara	Ritsuko Kawahara; William & Beth Kawahara
Fumio Hamakawa	Ron Hamakawa; Jeffrey Ko & Tina Zumoto-Ko; Craig & Joan Nakano; Stephanie Ojima; Berry & Leslie Yamashita
Mimaki Hamakawa	Ron Hamakawa; Jeffrey Ko & Tina Zumoto-Ko; Craig & Joan Nakano; Stephanie Ojima; Berry & Leslie Yamashita
Eddie Hiroo	Mary Hikida
David Oye	James & Tomiko Zumoto
Chiyoko Saito	Derrick & Glenda Adachi

## Endowment:

Mabel Nishizaki  
 H.M. Kaneko Music Fund:  
     Sidney & Roberta Yanagawa  
     D.M. Sasaki  
     Morris & Jane Kosakura

Continued on p 6...

...Donations continued from p. 5

**General Donations:**

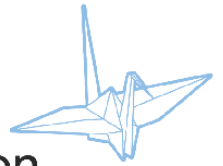
<b><u>Donor:</u></b>	<b><u>For:</u></b>
Michael & Katherine Brownlee	Hatsumairi
Tadanobu & Yumiko Shimoide	Hatsumairi
Shinya & Jayne Ichikawa	General Donation
Shohojimon Hokke Shu	General Donation
James & Joy Nakata	General Donation
Aiko Fujii	General Donation
Gail Kaminishi	General Donation
Janet Kubota	General Donation
Nikkei Heritage Assn of WA, dba Japanese Cultural & Community Center of WA	Appreciation for use of facilities
Keiro Northwest – Ayame-kai	Appreciation for use of facilities
Minyo Dancers (9/30/19)	Appreciation for use of Facilities
Costco – Frontstream	UW Costco Campaign
Boeing – YourCause	
Brian Kaku	Boeing Employee Contribution – 2 contributions
Robert Hamatani	Boeing Employee Contribution – 2 contributions
Kelly Kuwahara	Boeing Employee Contribution – 2 contributions
Cyrus & May Chin Honmyo	Boeing Employee Contribution – 2 contributions
Donna Zumoto	Boeing Employee Contribution – 2 contributions
Stan Kondo & Bonnie Duran	General Donation
Sandra Virtue	General Donation
Rand Babcock & Antoine Nahra	Appreciation for Adoption of Obutsudan
Ron Hamakawa	General Donation
Thomas & Janet Kometani	In Celebration of Mabel Nishizaki's 88 <sup>th</sup> Birthday
Donation for Participation in Camp Fire Activities	
Farrell Lusher	
Cyrus Honmyo & May Chin	
Grace Tazuma	
Marcus Mose	
Matthew Adams & Jennifer Yogi	
Lee Clow & Yuko Ueda	
Dleazar Barba & Seiko	
Editha Akiyama	

###



# Save the Date!

2020 BCA National Council Meeting &  
73rd Annual Northwest District Convention



## DANA FOR WORLD PEACE

February 18-23, 2020

Hyatt Regency Lake Washington at  
Seattle's Southport

Ministers Meeting: February 18-20, 2020

IBS/CBE Symposium: February 20, 2020

National Council Meeting: February 20-23, 2020

NW District Convention: February 21-23, 2020

Registration:

<https://seattlebetsuin.com/convention/>

*This year, the NW Convention will be held in conjunction with the BCA National Council meeting. Many BCA ministers will be in attendance! Reconnect with old friends and make new ones!*

#DanaForWorldPeace



# 73rd Annual Northwest District Buddhist Convention

**Location:**

Hyatt Regency at Seattle's Southport  
1053 Lake Washington Blvd N  
Renton, Washington  
United States, 98056

**Dates:** February 21 - 23, 2020

Friday (2/21) night activities will begin at 7:00pm and our convention will come to a close on Sunday (2/23) at 12:00pm.

For each session, you will be able to select which workshop you wish to attend. You don't have to decide ahead of time, but can simply choose which workshop you want to participate in on the day of convention. You can find our full workshop schedule below. Please note that some of the workshops titles and sessions are subject to change.

There will also be an Institute of Buddhist Studies Symposium on Thursday, February 20. This event runs from 1:00 - 5:00pm and is free and open to the public. For those that are able, we encourage you to attend!

You can find the event registration link, hotel reservation link, and other convention information at:

[www.seattlebetsuin.com/convention](http://www.seattlebetsuin.com/convention)

**Registration prices listed below:**

NW Convention: Adult - \$150

NW Convention: Student (Adult Meals, Up to College) - \$100

NW Convention: Student (Kids Meals) - \$80

NW Convention: Banquet Only Kids Meal - \$45

NW Convention: Child Registration w/ No Meals - \$0

## **Saturday (2/22) Workshop Schedule**

### **Workshops Session 1:**

**10:15 - 11:15am**

- *“Engaged Buddhist Women and the Bōmori”*  
Professor Jessica Starling of Lewis and Clark College
  - *“Sing Namō Amida Butsu”*  
Kemi Nakabayashi
  - *“EcoSangha and Earth Dana”*  
Reverend Don Castro
- *Youth Session - “Discussions on Temple Dana”*  
Seattle Young Adult Minister's Assistants (YAMA's)

Continued on p. 9...



**Break 11:15 - 11:30**

**Workshops Session 2:**

**11:30am - 12:30pm**

- *“World Peace Begins with Me”*  
Reverend Jim Warrick
- *“Dana Dharmathon”*  
Seattle Betsuin Minister’s Assistants
- *“Otera de Asobo, Let’s Play at Temple”*  
Ayano Kusunoki and Kaori Miyaji
- Japanese Session - *“「お聲明からの学び」Oshomyo karano manabi ”*  
Reverend Anan Hatanaka
- Youth Session - *“Sustainable Arts and Crafts”*  
Reverend Fred Pelger

**Break (Lunch) 12:30 - 1:30**

**Workshops Session 3:**

**1:30pm - 2:30pm**

- *Panel on Buddhist Parenting*  
Reverend Diana Thompson, Reverend Yuki Sugahara, Crystal Inge and Diane Deaver  
Facilitator: Ann Ishimaru
- *“D. T. Suzuki (1870-1966) and the Remaking of Pure Land Buddhism”*  
Professor James Dobbins of Oberlin College
- *“ Archiving History”* Tom Ikeda of Densho
- *“Jodo Shinshu Rituals - Melodic Chanting of the Juseige”* Reverend Sala Sekiya
- Japanese Session - *“Dharmathon”*  
Reverend Masanori Watanabe, Reverend Yugo Fujita, Reverend Yushi Mukojima
- Youth Session - *“Panel on the Roads to Tokudo”*  
Reverend Ryuta Furumoto, Reverend Kazuaki Nakata, Reverend Melissa Opel  
Facilitator: Jason Yokoyama

**Workshop Session 4:**

***“Dana for World Peace” Convocation***

Facilitator: Professor Erik Hammerstrom

###



## SYMPOSIUM



# "Prayers for the World"

*"May there be peace in the world and  
may the Buddha's teachings spread." - Shinran Shōnin*

### PRESENTERS:

**Rev. Dr. David Matsumoto**  
President, Institute of Buddhist Studies



*"Living with Prayers for the World: As We  
Take Amida Buddha's Vows As Our Own"*

**Rev. Dr. Mutsumi Fujiwara Wondra**  
Resident Minister, Orange County Buddhist Church



*"Shin Buddhist Thoughts on World Peace  
in the Age of Buddhist Modernism "*

**Rev. Dr. Takashi Miyaji**  
Resident Minister, Tacoma Buddhist Temple



*"How Shinjin Can Help Us Live in the  
21st Century"*

*How might the teachings and  
life-values of Jōdo Shinshū guide us  
in the pursuit of world peace?*

*Three BCA ministers will share im-  
portant features of the Jōdo  
Shinshū tradition that can help the  
sincere aspirations of Shinran  
Shōnin to come true today.*

**FREE &  
OPEN TO THE PUBLIC**

**Thursday, February 20, 2020 1 - 5 pm**

**Hyatt Regency Lake Washington Hotel at Seattle's Southport**

1053 Lake Washington Blvd N - Renton, Washington

*Presented by the Institute of Buddhist Studies & BCA Center for Buddhist Education  
In conjunction with the Buddhist Churches of America Ministers Association & National Council Meetings  
and the Northwest District Buddhist Convention*

[www.buddhistchurchesofamerica.org](http://www.buddhistchurchesofamerica.org) Email: [cbe@bcahq.org](mailto:cbe@bcahq.org) Ph: (510) 809-1460

# ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to “thank” the following regular members, for contributing their minimum annual Sustaining Membership dues (the basic dues toward the Temple maintenance/operations). These are the most recently paid members for the fiscal year of 2019.

**Alexander Bertelson, Harrison Chinn, Yasuko Desaki, Larry Imamura, Toshiko Isomura, David & Dianne Lee, Shizue Kikuchi, Scott Mar, Ken Shigaya, Victor Yagi**

(compiled by Howard, Joan, Pauline & Steph)

## LET'S PLAY AT TEMPLE!

1427 S MAIN ST, SEATTLE WA 98144



THE SEATTLE BETSUIN WILL BE HOSTING A CHILDREN'S PLAYGROUP FOR AGES 0 - 5 YEARS OLD

THE KIDS WILL BE GIVEN THE CHANCE TO LEARN SOME INTRODUCTORY JAPANESE, PLAY GAMES, PARTICIPATE IN ACTIVITIES AND MAKE NEW FRIENDS!

ENGLISH PLAYGROUP DATES:

WEDNESDAY - 1/15/2020  
WEDNESDAY - 2/26/2020  
WEDNESDAY - 4/22/2020



11:00AM - 2:00PM



PLEASE BRING YOUR OWN LUNCH ON PLAYGROUP DAYS AND REMEMBER THAT THIS IS NOT A DAYCARE. BRING YOUR CHILDREN OR GRANDCHILDREN AND STICK AROUND TO GET TO KNOW OUR AWESOME MEMBERS!



PARKING IS AVAILABLE IN THE BACK ALLEY OF THE TEMPLE, ON THE STREET OR IN THE WISTERIA VIEW PARK LOT

## Seattle Buddhist Study Center

2019 LECTURE SERIES 2020

JAN  
25  
Saturday

### “Mindful Eating – Compassionate Living”

Seattle Buddhist Temple • Half-Day Retreat  
9:00 am – 12:00 noon

Sharon A. Suh is a professor of Buddhism at Seattle University. She is also a certified Mindful Eating-Conscious Living facilitator and trained in trauma-informed yoga.

**Dr. Sharon Suh**  
Professor of Buddhism,  
Seattle University



SEATTLE BUDDHIST TEMPLE • 1427 S. Main, Seattle, WA 98144  
[www.seattlebetsuin.org/sbsc](http://www.seattlebetsuin.org/sbsc)

**The Eco Sangha collection of polystyrene** was very successful with many molded pieces, trays and packing popcorn. Driving over to Kent was strangely noisy as the molded pieces made their presence known by all their little squeaks and pops!

**Save all your holiday gift molded polystyrene for the next collection which will be in late winter.**

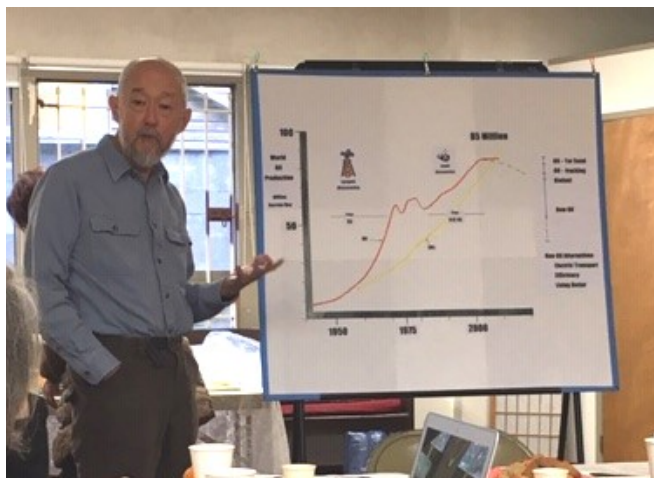
Helpers are wanted and appreciated. If you can take a load of polystyrene once a year please contact the Religious Department Eco Sangha. Submitted by Gail K.

# Buddhist Book Study Group

met on December 7, 2019. Joe Gotchy thanked everyone for “stimulating, thought provoking, and wide ranging discussion about climate change, Jodo Shinshu Buddhism, and life on Mother Earth.” Rather than a single book, some readings were selected:

1. Talk and essay by Rev. Castro, statements by Dalai Lama and two Tibetan leaders
2. Dake: Pure Land Perspective; Mitsuya Dake is associated with Ryukoku University
3. IPCC Report Summaries
4. Kaza: How much is enough? Stephanie Kaza on the Buddhist perspective on consumerism
5. Buddhist Economics – Schumacher (p. 1-12) and Inoue (13-23) E.F. Schumacher, a British economist wrote Small Is Beautiful in 1971, a classic. Buddhist economics is Chap. 4. Shinichi Inoue was a banker and describes examples from his experience.
6. Larger Sutra (p.1-11), Dalai Lama (12-19), Macy (20-23) on “going forward”

The sections of the Larger Sutra were discussed by Rev. Kusunoki on Oct. 27. Wayne Suyenaga moderated the discussion; John Alwin contributed written handouts and Rev. Castro offered his perspective. Below you will find two attachments. They are two of the five appendices included in David R. Loy’s recent book, EcoDharma: Buddhist Teachings for the Ecological Crisis (Wilson Publications, 2018). Both were available online. John Alwin offered: <https://www.washingtonpost.com/climate-environment/2019/11/26/bleak-report-un-says-drastic-action-is-only-way-avoid-worst-impacts-climate-change/>



Wayne Suyenaga described the rapid increase of fossil fuel consumption over a recent short time versus the length of time it took for those fuels to be manufactured by the earth.



Standing: Pat Bobrow, Shirley Shimada, Marlene Okada, Joe Gotchy, Leonora Clarke, Irene Goto, Rev. Don Castro; Seated: Eileen Kanemoto, Dennis Yamashita, Malcom Kanemoto, Wayne Suyenaga, John Alwin, Karen Akira.

## 2020 FAMILY MEMORIAL SERVICE SCHEDULE

In the Jodo Shinshu tradition, family memorial services are held on designated anniversaries to express gratitude and recall cherished memories of our loved ones while listening to the Buddha Dharma. If you have a family member who passed away in the following years, you are encouraged to conduct a family memorial service in 2020:

<u>Year of Death</u>	<u>Service</u>
2019	1 <sup>st</sup> year memorial
2018	3 <sup>rd</sup> year memorial
2014	7 <sup>th</sup> year memorial
2008	13 <sup>th</sup> year memorial
2004	17 <sup>th</sup> year memorial
1996	25 <sup>th</sup> year memorial
1988	33 <sup>rd</sup> year memorial
1971	50 <sup>th</sup> year memorial

Please call the Temple office at (206) 329-0800 to schedule a service.

### **The next Buddhist Book Study Group will convene on Saturday, January 11, 2020**

in Memorial Hall chapel from 9:30 - 11:30AM. The book will be ***They Called Us Enemy*** by George Takei. It's a graphic novel, so it should be a quick read. It is available from your favorite online store and electronically. Everyone is welcome to attend, whether you've read the book or not! - Leonora Clarke and Irene Goto



# Parents Dharma Exchange of December 1, 2019 after

Sunday service, was attended by a dozen parents. They talked about how Buddhists celebrate Christmas. Most said they decorate Christmas trees; thoughts were that the Christian holiday is an American tradition. So, anyone can celebrate Christmas. Janie Okawa from SBBWA brought in some hand-knitted hats that Mrs. Michiko Toyoshima made for those in need. Several parents took a handful to distribute. A visitor, A.C., who first came to Betsuin 5 years prior attended. They brought their daughter to Dharma School who is now 5 years old. Irene Goto asked parents to consider attending the retreat on Mindful Eating by Professor Sharon Suh on January 25, 2020 from 9:00AM until Noon at the Betsuin. She thought it would be valuable for enhancing one's self-esteem, especially helpful for pre-teens. Submitted by Irene Goto

## Seattle Betsuin Buddhist Women's Association

- Voted to donate to the following social services:
  - 1) Wheel of Dharma
  - 2) Shin Buddhist Grant
  - 3) Bailey Gatzert
  - 4) International District Emergency Center
  - 5) Social Welfare of BCA
- New SBBWA Board of Directors for the 2020-2021 Year. List will be posted on the bulletin board.
- Urge you to ask friends and family to join SBBWA. It's a group of wonderful women who come from varied backgrounds and have so many talents and wisdom to share. See photos to show you the fun we can have.
- Please join us at the Merrill Garden services, Nikkei Manor services and St. Mary's food bank (4th Friday of each month 9AM). Please refer to the temple calendar for dates regarding the services.
- Our next Orion Dinner will be on June 12, 2020, if interested in joining us please contact Nina Tomita Kato.
- Please welcome our new outstanding cabinet for the years 2020 - 2021.
- Co Presidents: Janie Okawa and Kanako Kashima
- Co VP's: Tina Zumoto-Ko and Susie Yamane
- Recording Secretary: Leanne Nishi Wong
- Corresponding Secretary: Sunnie Nagai and Lauren Asaba
- Treasurers: Japanese/English - Karen Morikubo/Thy Pham-Moriguchi
- Auditors: Suzanne Fujinari and Mae Yamasaki

Submitted by Nina Tomita Kato



Well, there will probably be quite a few photos about annual visitations by SBBWA's Social Committee to ladies who don't get to temple anymore. SBBWA ladies visit and bring boxes of facial tissue, and a combination of either flowers or fruit or cookies. I went up to see Sadie Yamasaki, (pictured seated, right), and Ellen Hale (pictured seated, left), who still live at home in Shoreline. Sadie's daughter Sally (standing middle) and Ellen's daughter Becky, (standing left), each drove their mother to lunch where I, (Karen, standing right), met them for Dim Sum and stories.

Ellen told us about the husband with failing memory who was going to get ice cream for himself and his wife and asked her what she wanted on top of hers. She answered, "chocolate". So, when he returned with 2 hot dogs with mustard, she scolded him because she wanted catsup.

Submitted by Karen A

Photo by Fran Shintaku

# The multi-temple Bodhi Day Service on Dec.5, 2019 at Nikkei Manor

was very impressive. Koyasan minister Rev. Taijo Imanaka, Nichiren minister Rev. Eko Murakami, Rinban Kusunoki and Rev. Goto from the Betsuin all co-conducted service. In addition to the 10 Nikkei Manor residents there were 2 Nichiren members & 8 from the Betsuin group. We gave out tissues to Betsuin residents Dolly Hiroo, Fumi Taniguchi, Isoko Yoshihara, Yoneko Mochizuki, Toshiko Isomura, Miki Hiroo & 4 to other church residents. In addition, the residents were given BCA calendars by Rinban & flowers. Was nice to see & chat with our old friends who can't attend temple regularly.

Betsuin members who distributed the tissues were Karen Akira, Darlene Shimizu, Marlene Okada, Charlene Yoritsune, Irene Mano.

Gassho, Irene Mano



## Gojikai members were treated to tea ceremony

hosted by Mrs. Ayano Kusunoki at their monthly gathering for service, meeting, and luncheon on Friday, December 6, 2019. Mas Tahara and all the members truly appreciated Ayano-san's hospitality.

Submitted by Joe Gotchy and Irene Goto



Photo courtesy of Joe Gotchy

0歳～5歳のプレイグループ

お寺で遊ぼう！

日本語を話す子どもや、お母さん、お父さんの交流の場です。親子共に、遊びやおしゃべりの中から、お友達の輪が広がることを願っています。お気軽にご参加ください。

1月のご案内	2020年1月 7日 (火) 11:00-14:00
	2020年1月18日 (土) 10:00-14:00 (体育館開放Day。三輪車、自転車など持参可)
	2020年1月24日 (金) 11:00-14:00
2月のご案内	2020年2月 4日 (火) 11:00-14:00
	2020年2月14日 (金) 11:00-14:00
	2020年2月22日 (土) 11:30-12:30 (会場：Hyatt Regency Lake Washington Hotel at Seattle's Southport にて) ※3月はお休み
4月のご案内	2020年4月17日 (金) 11:00-14:00
	2020年4月28日 (火) 11:00-14:00
	※5/2(土)2周年ポットラックパーティ

場所 : Seattle Buddhist Temple  
住所 : 1427 S. Main St, Seattle, WA 98144  
駐車場 : 寺院真向かいの Wisteria Park 駐車場、もしくは道路沿いにお駐めください

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**JANUARY 2020 SEATTLE BETSUIN SCHEDULE**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2	<b>February 2020: Major Events</b> Scout Sunday Service			1 <i>(Office closed)</i> 10 am New Year's Day svc	2 1:30 pm Nikkei Manor Service	3	4
February 9	Betsuin Annual General Meeting						
February 16	Nirvana Day/Pet Memorial Service						
Feb 19-23	BCA Minister/Nat'l Council mtng, NW Convention						
5	9:00 am Meditation (MA Leonora Clarke)	6 Rinban's day off	7 11 am-2 pm Japanese play group	8 10 am Sutra Svc & Dialogue <b>CANCELED</b>	9 10 am-1 pm Japanese service at White River Temple	10 10 am Hoonko service	11 9:30 am Book Study Group 10 am Hoonko service
10 am	<b>SUNDAY SERVICE</b> (Rinban)						
10:50 am	DX ("Tannisho" w/Rev Castro) DSDX (MA Leonora) Japanese Program (Rinban) Temple Tour (MA Rev Rosalie May & Meya Stout)						
Noon	Betsuin New Year's Party & installation of officers						
12	9:00 am Meditation (TBD)	13 10 am Hoonko service Rinban's day off	14 10 am Hoonko service	15 10 am Hoonko service 11 am-2 pm English play group	16 10 am Hoonko service 1:30 pm Nikkei Manor Service 7 pm Betsuin Cabinet meeting	17	18 YMA Retreat 9:30-10:30 am SHO Practice 10:30 am-noon Gagaku practice 10 am-2 pm Japanese play group
10:00 am	<b>HOONKO SERVICE</b> (Rinban)						
10:50 am	DX ("Buddhism on Air" by MA Rev Matt May) DSDX (Rinban) Japanese (Video) Temple Tour (MA Rev Irene Goto & Devon M) Nigome & Zenai served in dining room/kitchen						
11:45 am							
1:30 pm	Sangha Award class (Rinban & MA Jason Y)						
19	YMA (Youth Minister's Assistant) Retreat	20 <i>Martin Luther King Jr Holiday</i> <i>(Office closed)</i> 8 pm Newsletter deadline	21	22 10 am Sutra Svc & Dialogue	23 7 pm Betsuin BoD meeting	24 11 am-2 pm Japanese play group	25 9 am-noon SBSC retreat "Mindful Eating Compassionate Living" with Dr Sharon Suh
9:00 am	Meditation (MA Rev Irene Goto)						
10:00 am	<b>LADY KUJO &amp; LADY OTANI SERVICE</b> (Rinban) <b>CHILDREN'S SERVICE</b> (Youth MA)						
10:50 am	DX (Dharmathon by Youth Minister's Assistants) DSDX (MA Rev Rosalie May) Japanese Program (Video w/Rev Irene & Devon) Temple Tour (MA Rev Matt May & Meya Stout)						
26	9:00 am Meditation (MA Rev Irene Goto)	27 Rinban's day off	28	29 10 am Sutra Svc & Dialogue	30 11:00 am Merrill Garden Renton service	31	
10:00 am	<b>SUNDAY SERVICE</b> (MA Rev Irene Goto)						
10:50 am	DX (Funeral workshop by Funeral Committee) DSDX (MA Rev Irene Goto) Japanese (Video) Temple Tour (MA Leonora Clarke & Devon M)						
11:45 am	SBBWA Cabinet meeting						
1:30 pm	Sangha Award class (Rinban & MA Jason Y)						

Seattle Buddhist Church  
1427 S Main Street  
Seattle, WA 98144

January 2020  
*Wheel of the Sangha*  
A Monthly Newsletter of  
Seattle Buddhist Church

 NY Party at Noon &  
Installation of Officers  
January 5, 2020  
  
HoOnKo 10AM Services  
January 12 - 16, 2020

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SCROLL UP FOR  
NEWSLETTER

**“Respect” 敬**

**Sundays...** Please confirm at [www.SeattleBetsuin.org](http://www.SeattleBetsuin.org) “coming events” or  
call the temple office 206.329.0800

9:00 am - 9:40 MEDITATION in Memorial Hall Chapel east wing

10:00 am - 10:35 SERVICE - in *hondo* (main hall)

10:35 am - 10:45 SANGHA GATHERING - offer incense, “meet and greet”

10:50 am - 11:30

CHILDREN’S DHARMA SCHOOL classes during the public school year

JAPANESE PROGRAM in *hondo* (main hall) with a message in Japanese

DHARMA EXCHANGE - a mix of discussion and educational programing;  
downstairs dining room; **see p.2**

PARENTS’ DHARMA EXCHANGE in Memorial Hall Chapel - discussion  
among young adults and parents while children are in class; **see p.13**

TEMPLE TOUR and an opportunity to ask questions

11:30 - 12:00 REFRESHMENTS and Social in dining room downstairs

**Contact Us**

Seattle Betsuin  
Buddhist Temple  
1427 S Main Street  
Seattle, WA 98144

Phone: 206.329.0800  
Fax: (206) 329-3703  
[Office@SeattleBetsuin.com](mailto:Office@SeattleBetsuin.com)

Visit us on the web at  
[SeattleBetsuin.com](http://SeattleBetsuin.com)

**Office Hours:**  
**Mon-Fri 9am-4pm**  
**Emergencies**  
**Call the temple**  
**office for updated**  
**recorded message.**

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Deadline is the third Monday each month at 8PM