



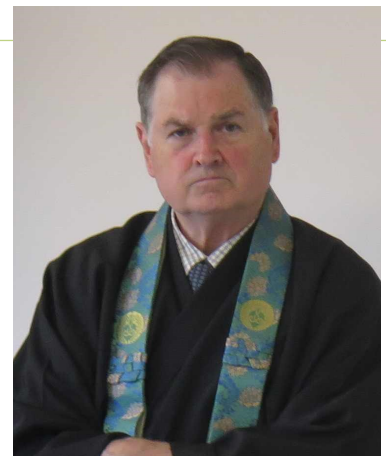
The Buddhist Life of Flowers or *My Obutsudan Smells Good Enough to Eat*

By Rinban Don Castro

Recently, I was looking around my yard for obutsudan flowers. Apart from dandelions, nothing was blooming but herbs. Maybe herbs are not appropriate for our obutsudan but at least it smells terrific; the white flowers of oregano added to the purple of lavender and mint. For greens, I gathered rosemary sprigs and parsley. I had sage and thyme also but they didn't quite fit. When I was done, I looked at my arrangement and realized I really need flower arrangement lessons, even if my spaghetti sauce is superior!

This event got me thinking about the art of flower arrangement and the influence of Buddhism on Japanese aesthetics. I went to my bookshelf and pulled out the classic "The Book of Tea" written 110 years ago by Kakuzo Okakura and "Zen in the Art of Flower Arrangement" by Gustie Herrigel with a forward by the great Jodo Shinshu scholar D.T. Suzuki. In his introduction, Suzuki writes, "Art is studied in Japan not only for art's sake, but for spiritual enlightenment... The art of flower arrangement is not, in its truest sense, an art, but rather the expression of a much deeper experience of life." As an expression of life, few, if any, flowers are used in the arrangement. The lack of "flowers", the sadness of our life, can be filled with a sublime sense of beauty if we know how to arrange it. Kakuzo Okakura, a fascinating critic of Western culture and modernizing Meiji Period Japan, devoted a "tongue-in-cheek" and ironic chapter on flower arrangement in his book on tea ceremony and Japanese aesthetics. He criticized the Western approach to flower arranging, and by extension Western culture, for its opulence and abundance

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2016 August 7

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ON BEHALF OF THE MEMBERSHIP COMMITTEE

We would like to “thank” the following regular members, for contributing their annual Ijikai dues (the basic dues toward the Temple maintenance/operations). This is the list of those paid members for the fiscal year of 2016.

Pat Brobrow, Mae Deguchi, Florence Fujita, Mitsuko Fukuhara, Jane Hamatani, Robert Hamatani, Gail Kaminishi, Tetsuden & Kanako Kashima, Noburo Kawada, Marc & Jan Keltner, Paul & Janet Knutzen, Masako Kubo, Takashi Matsui, Yoshie Nakagawa, Shizuko Nose, Marianne Osaki, Kiyomi Taketa-Ozanich, Akira & Chieko Saito, Sono Sakaguchi, Mary S Shigaya, Naomi Takemura, Miyoko Tazuma, Victoria Terao, Gary & Julianne Tosaya, Mitsuo Yamamura, Norio & Miyoko Yamazaki, Ruby Ayako Yasui, Ken Yocum & Anna Tamura

We'd like to 'welcome' Kiyomi Taketa-Ozanich as a new member of our Sangha.

If you have any questions about your membership status, contact the Betsuin office: 206-329-0800 or office@seattlebetsuin.com. (compiled by HL, PS, JN, & SO)

SEATTLE BETSUIN TEMPLE DIRECTORY

We are working on a temple directory and would like to include as many Sangha members as possible. Professional photographers will be on site to take pictures for the directory October 11-16 and October 21-23. To sign up for a photo session online visit our website: www.seattlebetsuin.org and click on the “Sign Up Now” link at the bottom of the page. Each family will receive a free photograph and directory.

Please contact communications@seattlebetsuin.org with any questions. submitted by T.M.

WISTERIA VIEW MANOR BOARD MEMBERS SOUGHT

You might not know this but the large 86 unit apartment building at the west end of Wisteria Park is overseen by members of the temple. A separate corporation was created, but the board members are all temple members. Each year we seek new members to fill positions of volunteers that complete their 3 year term. The only requirement is that you must be a current Ijikai member of the temple. A reason to volunteer might be that you may have an interest in housing or development, or be in the field of design, accounting, construction, management, or communication. We consider this an asset related to the temple. We meet 4 times a year so it does not require a lot of time commitment.

If you are interested please contact Ken Kubota at kk1052@comcast.net or 206-779-5812.
By Ken Kubota, President WVM

MINISTERS MEET, GREET AFTER SERVICES

There have been several changes you might have noticed in the *naijin* (shrine area) and in our Sunday service formats lately. One of the changes that officially started with Fall *Ohigan* Service is the addition of the opportunity to greet the ministers as you exit the *hondo* (main worship hall). This is precious time for ministers and sangha members to connect faces to names, interact personally, and make friends. Many BCA temples have observed this custom and we would like to give it a try. So, while you are waiting to *oshoko* and to greet us, we hope you will take the time to get to know someone new or catch up with old friends before heading to your after-service program. On behalf of Rinban Castro, Reverend Sekiya, Reverend Warrick and the Ministers' Assistants, we look forward to meeting and greeting you next Sunday!

Gassho, MA Irene Goto



On the occasion of the retirement of
Rinban Don Castro

You're Invited to Rev. Castro's Retirement Party!
 Seattle Betsuin Buddhist Temple • November 20, 2016

For more information go to www.seattlebetsuin.com

You're invited to celebrate the retirement of Rinban Don Castro on Sunday, Nov. 20. The program will start with a 10 a.m. music service and a Dharma talk by Bishop Umezū. Lunch and a program will follow. Cost is \$15 for an adult meal and \$5 for a children's "Happy Meal." Please go to www.seattlebetsuin.com to register.

The event planning committee suggests a gift to supplement Sensei's BCA retirement. Please address any envelope gifts to Reverend Castro personally. There will be an opportunity to present them to him at the luncheon.

... Rinban Castro's Message continued from p. 1

without style, "In the West the display of flowers seems to be a part of the pageantry of wealth, the fancy of a moment. Whither do they all go, these flowers, when the revelry is over?" (page 94)

The Buddhist art of flower arrangement is just one expression of the Buddhist art of life. Life exists to create beauty, just as the mud exists to create a lotus flower, if we are so inclined. Buddhism instructs us to create beauty through kindness, humility, naturalness, sincerity, resolve, selflessness (or a self-effacing attitude), humor, etc., etc. – all the beautiful qualities humans are capable of "exhibiting" (probably too self-conscious a word). They make a life arrangement well worth admiring! One last quote from "The Book of Tea" which presents flowers as great, selfless, bodhisattvas giving up their life, their "Flower Sacrifice," for the benefit of others. "They are not cowards, like men. Some flowers glory in death – certainly the Japanese cherry blossoms do, as they freely surrender themselves to the winds...For a moment they hover like bejeweled clouds and dance above the crystal streams; then, as they sail away on the laughing waters, they seem to say: 'Farewell, O Spring! We are on to Eternity.'" (page 107)

Religious Education Events

Book Study Group The next meeting of the Buddhist Study Group will take place on Saturday, October 1. We will discuss *Buddha and Man*, by Eikichi Ikeyama (translated by Toshikazu Arai). Email Leonora Clarke (clarkel@uw.edu) for information on obtaining the book. The meeting will take place in the Memorial Hall from 9:30-11:30am. There will be a brown bag lunch afterwards. There is no cost to attend.



For your reading pleasure, a participant has written a short piece summarizing our latest discussion of *Bodhisattvas Everywhere*, by Reverend Tokuso Sakakibara, translated by Dr. Toshikazu Arai.

Between bites of fresh picked veggies, sweet strawberries, handmade mulberry jam with cornbread, spam musubi, fruit and nut roll medallions, olive bread with herbal butter, nuts and apples, the Book Study Group mulled, questioned, and chuckled as we grappled with 'fushigi' (the inconceivable) of the Nembutsu.

Sakakibara "records (his) lessons learned in life and appreciation and wonder of the Nembutsu as the author (he) lives his own unique life". Sakakibara reminds us that everything is a "manifestation of Nembutsu". So, if we were to substitute "everything" for Nembutsu, Sakakibara would be awed by and thankful for "everything" in his life. He elaborates on this by sharing some of the bumps and perks (the Bodhisattvas) of his 80 +(?) years of life. His informal and conversational style made for a pleasurable read.

Each of us found something in the reading that we enjoyed or could relate to. I particularly liked his comparison of parenting with "waki dojin", in that being a parent should be compared to "softening the light and becoming one with the dust".

We take for granted that we "were born as humans before we knew it." We should be "grateful" . . . "that we have the possibility of going beyond human beings: the possibility of becoming Buddhas" with "jihi" (compassion) being the "leading principal" in our life journey regardless of how we move along. The nembutsu enters the body "jiri jiri, (glacially slow). "When you take a bath, you enter with the dirtiest part of the body: your feet. At the other extreme, we can instantaneously capitulate to the welcoming, "Hey! You!" of the Nembutsu. We are free to live life in our own unique fashion. We can depend on Amida's omnipresent Vow. - KA

**Japanese Language Seminar Monday October 10
with Reverend Mutsumi Wondra 9:30am - 1:00pm**

**Ho-on-ko Service will be November 13, 2016
with Ochigo Procession; Japanese Language Program will
include Shoshinge, Gyofu style**

No Service on Sunday, December 25, 2016

Seattle Betsuin Buddhist Women's Association (SBBWA) will hold its annual Memorial Service on Sunday, October 30, at 1:00 pm

to honor their deceased members. Names and photos of those members being remembered will be displayed during the service. If you have not already submitted a photo of your loved one for past SBBWA Memorial Services, you can submit one to office@seattlebetsuin.com. Please include the name of your family member/friend as well as your own name and telephone number. If you do not have a digital photo you may bring a color or black and white photo to the Betsuin office to be scanned. If no photo is available, your loved one's name will be shown on the screen during the service. Please submit your photo by Monday, October 24, 2016. If you have any questions, please feel free to contact the Temple office at (206) 329-0800. - JN

Dharma School

Welcome back everyone!! The first day of Dharma School got us all off to a wonderful start with the hondo and halls filled with lots of excited children. We look forward to a terrific year. Thanks to everyone who came, registered their children and signed up to volunteer.

Hatsumairi or "First Visit" is a Jodo Shinshu tradition that acknowledges the child's first visit to the temple. If you are interested in participating in this ceremony there is a registration form in this newsletter. It will be held on October 16 and registration forms are due to the office by October 10. Feel free to call the Betsuin office if you have questions (206) 329-0800

Classroom Reports

Pre-K & Kindergarten The Pre-K and Kindergarten class was excited to have 2 new students join us this year. The children all seemed excited to be back at Dharma School. For the first day, the children reviewed what it means to have a Frog-Mind. We discussed that we will not have a Monkey-Mind, but instead act with a Frog-Mind in class and at the temple. We also talked about being as wise as an owl by learning new things this school year. The class talked about our Frog-Mind "Pond" Rules. Each student, in addition to the teachers, agreed and signed our new classroom/pond rules and added a frog sticker by our name. During the 2nd week, we celebrated Fall Ohigan and watched a video on the book Fall Leaves Fall. The children did an art project where they colored a tree and decorated it with red, brown, orange, yellow and green leaves. We look forward to a fun and successful year.

1st/2nd Grade We've started off the first two Sundays with 5 very enthusiastic, bright kids. We began by introducing ourselves, learning about what we did over the summer and some of our favorite snack foods. Yum! Next we read a story featuring Winnie the Pooh and his friends who are planning a party but don't listen to what they are supposed to bring. The party ends up fine and the friends learn a good lesson about listening. Afterwards we discussed good rules to have for the rest of the year so we can all be safe, considerate of each other and have fun. We have agreed on the ones we like and soon will sign our class contract.

Coupon Books

are once again being sold as a fundraiser this Fall, with all proceeds benefiting Dharma School this year. Coupon books are being sold for just \$25. The book is full of coupons for restaurants, fast food, snacks, activities, attractions, museums, sporting events, groceries, auto maintenance, car washes, travel, rental cars, retail and so much more! - MT

SBBWA News by Nina Tomita-Kato

By the time you read this article, FBWA conference is on its way. We are looking forward to meeting new friends and enjoy old friends again.

We have been busy with planning for the fall schedule. **SBBWA Memorial Service** will be held on October 30. 1 PM. Hope you can join us for the tribute to the deceased members who established this group. If your mother or grandmother was a member and you have not submitted her picture, we would like to show her picture at the service. Please bring her picture to the office, picture will be returned to you later.

SBBWA Board of Directors Ballot will be mailed to you. Please vote for the BWA future. We have many capable members to serve you. Please vote for 18 members only and use the enclosed envelope to return your ballot to the temple by October

16, 2016, Sunday. Ballots may be mailed or placed in the ballot box in the temple foyer.

Rinban Castro's Retirement Party is planned for November 20. He has served Seattle Betsuin for over 30 years, touched everyone through times of happiness and sorrow. You need reservation to attend. Please call the church office for details.

Sokai (General meeting) and Irokai (Board appreciation lunch) is scheduled for November 27, after the Sunday service. We will be reporting 2016 activities.

SBBWA Directory is being prepared. Please let us know if you or someone you know has moved or changed phone number. We would like to have it as accurate as possible.

If you have any question or comment, please don't hesitate to let us know.

- Nina Tomita-Kato, Machiko Wada, Co-Chairs

10th Anniversary of The Jodo Shinshu Center

Buddhist Churches of America

Realizing the Vision



Saturday, Oct 22, 2016

8:30am - 7:00pm

Jodo Shinshu Center

2140 Durant Ave, Berkeley, CA 94704

www.BuddhistChurchesofAmerica.org; email Judy Kono at JKono@BCAHQ.org
or phone (510) 809-1426

The attire for the event is business casual.

Submitted by BCA Committee on Special Functions and Events

Commemoration,
Memorial Service and
Commemorative Events



Seattle Betsuin Gratefully Acknowledges Donations August - September 2016

Funeral / Memorial / Nokotsudo:

Given by:

Hisako Kato – In Memory of	\$ 500.00	Gary & Madeline Kato
Masayoshi Kubo – 1 st Year Memorial Service	\$ 300.00	Masako Kubo
Ricky Hara – Nokotsudo	\$ 300.00	Reiko Hara
Kazuo Yamasaki – In Memory of	\$ 200.00	Fujiye Yamasaki
Kameichi Harada – In Memory of Father	\$ 300.00	Steve & Kathleen Harada; Seichi & Kasanuki; Ryohei & Keiko Ohtaka
Louise Sadako Harada – In Memory of Mother		

In Memory of:

Given by:

Manabu Fujimoto	Kiyo Takashima
Masayoshi Kubo	Robert Seko
Mineko Sakamoto	Anonymous; Don & Karen Akira; Kathy Mayeda-Chase; Mae Deguchi; John & Lisa Duff; Minoru & Aiko Fujii; Henry & Rose Fukano; Peggy Hanada; Mary Harada; Susan Hori; Robert H. Hori; Dale & Shizue Kaku; Tetsuden & Kanako Kashima; Nina Tomita-Kato; Naomi Kimura; Takako Kogita; Masako Kubo; Ritsuko Kawahara; Shizue Kikuchi; Frances Kobayashi; Kinue Kuwahara; George & Violet Matsuoka; Julie Mayeda; Paul Miyahara; The Moriguchi Family; Ernest & Sunnie Nagai; Yoshio & Judith Nakamura; Harvey & Hisako Nakaya; Verna Pang; Shirley Shimada; Roy & Kazumi Shimizu; Sato & Darlene Shimizu; Frances Shintaku; Masaru & Anna Tahara; Kiyo Takashima; Susan Taketa; Masao & Frances Tamekuni; Martha Taniguchi; Theodore & Akiko Taniguchi; Katsumi & Terrie Tanino; Keiko Yanagihara; Mary Yoshijima; David & Gloria Yoshino
Florence Sumida	Dale & Shizue Kaku; Shokichi Tokita
Sadamu "Sam" Takashima	Julie Mayeda

General Donations:

For:

Rev. Donald & Shuri Castro	Birth of Grandson
Donald & Karen Akira	In Honor of Tetsuden Kashima's Retirement from the University of Washington, Department of Asian Studies
Florence Tsuchida	Eileen Moiya
Donald & Karen Akira	Donation for Downstairs Remodel Project
Scott & Saiko McIvor	Donation for Visitation and for book, Mukashi, Mukashi
Tomomi Okamura	General Donation
Shinya & Jayne Ichikawa	General Donation
Donald & Karen Akira	General Donation
Alice Takeuchi	General Donation
The Low Family	Visitation - General Donation
Brian Kaku	Boeing Employees Community Fund
Donna Zumoto	Boeing Employees Community Fund
Kelly Kuwahara	Boeing Employees Community Fund
Robert Hamatani	Boeing Employees Community Fund
Gordon Habu & Mae Yamasaki	Appreciation for use of Facilities
Seattle Hiroshima Club	Appreciation for use of Facilities
Walter & Elaine Ingram	General Donation
Sharon Mactavish	General Donation
Chad Donoho & Eileen Tanaka	General Donation

Seattle Betsuin gratefully acknowledges donations received for special services as follows.

If your name is not listed, the donation may have been received after the deadline for this newsletter and will be listed in the next edition. Please accept our apologies for any inadvertent misspelling of names:

Ohigan - Fall: Aisaka, Steven; Akira, Donald & Karen; Asaba, Marian; Baba, Janet; Bobrow, Patricia; Deguchi, Mae; Desaki, Yasuko; Dodobara, Kenny & Yoshie; Fujii, Minoru & Aiko; Fujinari, Suzanne; Fujino, Suteko (Sue); Fujita, Florence; Fukeda, Toshiko; Hamakami, John & Lynda; Hamakawa, Ron; Hamanaka, Yoko; Hamatani, Jane; Hanada, Miyuki; Harada, Setsuko; Hasegawa, Kathy; Hinds, Cynthia; Hirata, Michiko; Isomura, Toshiko; Kaminishi, Gail; Kashima, Tetsuden & Cecilia Kanako; Kashiwa, Ann T.; Katayama, Mary K.; Kato, Kazue (Katie); Kawahara, Ritsuko; Kido, Momoko; Knutzen, Paul & Janet; Kogita, Takako; Kojima, Esther; Kubo, Masako; Kunihiro, M. Carolyn; Kusachi, Sachiko; Kuwahara, Kinue; Mamiya, Haruko; Mano, Andrea; Mano, George & Irene; Mano, Mariko; Mayeda, Julie; Miyauchi, Takiko; Mizumori, Sheri; Morikubo, Yukio & Karen; Naemura, Joseph & Janie Okawa; Nagai, Ernest & Sanaye (Sunnie); Nakabayashi, Kemi; Nakamura, Yoshio & Judith; Nakanishi, Kiyoko; Nakano, Craig & Joan; Nakano, Junko; Namekata, Tsukasa & Keiko; Nishizaki, Mabel; Ohara, Mari; Okada, Barry & Marlene; Okada, Emiko; Oxrieder, Gregory & Catherine Ann; Oye, Sunako (Sunkie); Ozanich, Kiyomi Taketa -; Sako, Masako; Sakuma, Pauline; Seko, Robert; Shibata, Dennis M.; Shigaya, Kenneth; Shigaya, Mary S.; Shigaya, Teruko (Terrie); Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shinoda, Franklin; Tahara, Masaru & Anna; Takashima, Kiyoko; Taketa, Haruso & Sonoe; Taketa, Jean; Tanaka, Rikuko; Tanemura, Kevin; Tanemura, Peggy; Taniguchi, Fumiye; Taniguchi, Martha (Masayo); Taniguchi, Theodore & Akico; Tanino, Katsumi & Terrie; Tazuma, Grace; Tazuma, Miyoko; Terada, Allan & Kayoko; Terada, Calvin J. & Yvette; Terada, Ronald & Suzuko; Teramoto, Stuart; Tokunaga, Toshio & Dolly; Tosaya, Gary & Julianne; Toyoshima, Michiko; Uchida, Sam & Masako; Vaart, Michiko Jean; Wada, Machiko; Watanabe, Henry & Christy; Wong, Leanne Nishi -; Yahata, Shizue; Yamasaki, Fujie; Yanagimoto, Michiko; Yokota, Sumie; Yokoyama, Kevin & Kari Ann; Yoritsune, Charlene M.; Yoshida, Fuyo; Yoshimi, Crystal; Yutani, Nobuo; Zumoto, James & Tomiko; **Atomic Bomb Memorial Service:** Hachiya, Momoe

Hatsumairi to be held on October 16, 2016

Hatsumairi or “First Visit” is a Jodo Shinshu tradition that acknowledges the child’s first visit to the temple. Parents present their children before Amida Buddha and members of the Sangha as an expression of their gratitude and desire to expose them to the teachings of the Buddha. Children of all ages are welcome to participate in the Hatsumairi ceremony to be held during the 10:00 a.m. Family Service on October 16, 2016. If you would like to present your child(ren) at this joyous occasion, please complete the registration form below and **return it to the Seattle Betsuin Buddhist Temple, 1427 S Main St, Seattle, WA 98144** or contact the temple office by **October 10, 2016**. A Dharma School representative will contact you with details. If you have any questions, please direct them to the temple office at (206) 329-0800 between the hours of 9:00 a.m. and 3:00 p.m. - JN

2016 Hatsumairi Registration

<u>Child's Name</u>	<u>Male / Female</u>	<u>Month/Day/Year of Birth</u>

Parent's Name(s) _____		
Mailing Address _____		
	City	State Zip Code
Phone _____	E-mail _____	

Notes on Dharma Exchange, an after-service discussion

August 28, 2016 – MA Irene Goto led the exchange by conveying a note from Sekiya Sensei about her dharma talk just prior. She said when both participants of a discussion are "bonbu," arguments are avoided; when one participant claims to be "right" an argument ensues. MA Irene noted that we are all bonbu (foolish beings) and we don't realize it. Rosalie, who recently returned from Japan for Tokudo ordination claimed it is easy to think we "know it all, but we don't." . . MA Irene talked about the 22-year-old man who died suddenly. His parents were devastated. But they were concerned for his friends, as well, and how they might react to the death of their beloved friend. So, they arranged to have a memorial service at their home. The casket was built by the family, and friends wrote notes on the casket and on other memorabilia to be included. MA Irene read the "Bucket List" and "what makes me happy" composed by this young man. Several attendees commented he was obviously a thoughtful person at such a young age. . . MA Irene recommended we all make such a list for our families. . . MA Irene noted that home funerals are becoming more popular and are much less costly -- a funeral home service averages about \$8,000; whereas a home service is about \$1,000. "Green Burials" are also becoming more popular; the deceased is wrapped in a shroud and placed directly in the ground. . . A Participant told his story of his search for his great-grandfather's grave in Copenhagen and finally learned that over time deceased were buried on top of others, a land-saving burial method. MA Irene: more people (52%) are opting for cremation, and it does save space. . . Shinran Shonin in his writings concluded he could be thrown to the fish in the Kamo River, according to a Participant. Another Participant: advised us to consider the need for organ donors. Depending on the donor's age and what is needed, many people can qualify.

September 4 - Rinban Castro mentioned an article in the North American Post pertaining to a monument to the railroad workers from British Columbia (1909). He was impressed as he noted flowers on the graves in the Mt. Pleasant Cemetery on Queen Anne. . . An article from the Tacoma Zen Monastery incorrectly stated Jodo Shinshu followers chanted the Lotus Sutra. . . the Missionaries who came from Japan had good intentions to educate, not convert the public. These missionaries also taught in the Jap-

anese Language school. . . A Participant has an almost complete set of the "Light of Dharma" journal. The Bank-roft Library at UC Berkeley has a website for those who wish to read this material.

September 11 - Rinban Castro warned not to dumb-down the Dharma. He also said not to get stuck on "life is suffering," but rather try to see the interdependence of life. Suffering and happiness are all part of life. He illustrated his point saying he was outside on a beautiful day and could hear children playing and birds singing, making him feel happy. Suddenly, the siren of an ambulance pierced the moment and he became sad as he became aware someone was obviously in need of care. Then he realized medics and hospital staff are there and trained to alleviate suffering. A participant commented that he felt compassion and kindness are missing in people his age, and that these values get left behind. We need poise and learning to get through life which is a bumpy road. . . A Participant who has a confidante told her the importance of liking to learn how to learn. She felt it was ridiculous! . . A participant: suggested we all get to know the new people at Dharma Exchange. . . A participant indicated a friend who had no nearby temple to visit simply went to a Sikh temple because they said, "Namo." . . Sensei told a story of how Rev. Dr. Taitetsu Uno who had dementia related to others. His son Rev. Dr. Mark Uno brought people to the house to visit Uno Sensei. He was asked, do you have anything to say? He said, "Namo Amida Butsu."

September 18 - MA Irene Goto and MA Leonora Clarke managed the Dharma Exchange. Leonora talked about psychologist Amy Cuddy who is involved in the Ted Talks. She arranged two groups of people, each holding a different position for two minutes. One group held arms open wide and the other group had arms folded in front. It was found the "open wide" group was better in interviews than the other group. She concluded that how we hold ourselves affects our minds because of chemical changes in the body. . . A participant asked about ritual in the temple. Many comments were made -- it is comforting because we know what to expect. We also want to know the foundation for why we do things a certain way. If it all feels strange, Amy Cuddy advises to "fake it until you become it."

In gassho,
Pat Bobrow

email of 9/20/16: Dear JSCC (Jodo Shinshu Correspondence Course) Students, Alumni and Instructors,

This is to let you know that photos from the August Workshop 2016 in Dusseldorf, Germany have been uploaded to the JSCC website. To view them, please go to www.jsc.cbe-bca.org and click on the header "August Workshop" at the top. In the next window, click on "2016". Then please click on the dots and each new photo will appear.

Ekō Haus was truly the perfect place to hold our international gathering and we are happy to report that it was a great success! We learned much about what Jodo Shinshu is outside of Japan and are inspired knowing that it has a firm presence in Germany as well as in Belgium and the UK.

Thanks to everyone involved, we believe Buddhism and Jodo Shinshu, in particular, will develop and grow-- expanding internationally beyond borders for the betterment of society world-wide.

Best wishes, In Gassho, Lisa Mayeda
JSCC Program Assistant

On August 20 and 21, the JSCC Workshop was held at the beautiful Ekō-Haus, a center for Japanese culture and Buddhism in Dusseldorf, Germany. 27 people attended including current and past students, JSCC instructors, Ekō Haus staff and guests. Students and instructors came from Brazil, Germany, Belgium, the UK, US Mainland, Hawaii and Canada. Program activities included a tour of the grounds, services in the impressive Kodo, district and temple activity reports, a chanting & ritual lesson, and further discussions on the state of the Sanghas. The district and temple reports were particularly engaging. Rev. Jerry and Dr. Carmella Hirano (BCA), Rev. Kazunori Takahashi (Hawaii) Rev. James Martin (Canada), Thais Campos (Brazil), Rev. Frank Kobs (Germany), Caroline Brazier (UK), David Quirke-Thornton (UK), Rob Van Gelder (Belgium) all talked about their missions and affiliated temples or sanghas. A lovely buffet of Japanese foods was provided by Ekō Haus on Saturday evening.

On Sunday, Rev. Jerry Hirano gave an inspiring dharma message at the morning service and later Rev. James Martin delivered a thought-provoking lecture on "Jodo Shinshu in Everyday Life" which touched upon some essentials of Jodo Shinshu teaching. At the closing service, Rev. Kodo Umezu, Bishop of BCA awarded Rob Van Gelder his Course Completion Certificate. Lunch was held at a restaurant nearby where all participants enjoyed hearty German cuisine.

On Monday, a group of Workshop participants visited Anjin-do in Mönchengladbach, Germany escorted by resident minister, Rev. Frank Kobs.

The JSCC offers new spring and fall enrollments every year and welcomes newcomers to sign up if interested. Contact the JSCC Office at 510-809-1441 or email hongwanjioffice@bcahq.org.

- submitted by Irene Goto



Visit to Anjin-do in Mönchengladbach, Germany

To receive Seattle Betsuin **Weekly News** via email - contact the office at
Office@SeattleBetsuin.com

Betsuin Events for October 2016

SUNDAYS: 10:55am **MEDITATION**
(convenes in foyer; concludes 11:30)

October 2

10:00 am **FAMILY SERVICE and
CHILDREN'S SERVICE**

Children: MA

Youth: MA

Adult: Rinban Castro

Japanese: Rev. Sekiya

DX: Rinban Castro

DSDX: MA

Meditation: MA

11:45 am SBBWA Board Meeting

(Rev. Sekiya)

October 9 **Service at Westin Bellevue**

10:00 – 11:00 am Closing service at the BCA

FBWA Conference at the Westin Bellevue

(everyone is invited to attend)

10:00 am **FAMILY SERVICE** at the Betsuin

Youth: Rev. Warrick

Adult: Rev. Warrick

DX: Rev. Warrick

DSDX: MA

Meditation: MA

October 16

10:00 am **HATSUMAIRI SERVICE**

Youth/Adult: Rinban Castro

Japanese Program

DX: MA

DSDX: Rinban Castro

Meditation: MA

October 23

10:00 am **FAMILY SERVICE**

Youth/Adult: Rinban Castro

Japanese: Rev. Sekiya

DX: Rinban Castro

DSDX: MA

Meditation: MA

11:45 am SBBWA Cabinet Meeting

October 30

10:00 am **FAMILY SERVICE**

Youth/Adult: Rinban Castro

Japanese: Rev. Sekiya

DX: MA

DSDX: Rinban Castro

Meditation: MA

1:00 pm SBBWA Memorial Service

MONDAYS:

October 3 Rev. Sekiya (Day off)

October 10 9:30 am Japanese language
seminar with Rev. Mutsumi Wondra, Orange
County Buddhist Church

October 24 Rinban Castro (Day off – on call),
Rev. Sekiya (Day off)

October 31 Rev. Sekiya (Day Off)

TUESDAYS:

October 4 Rinban Castro (Day off),
Rev. Sekiya (Day off - on call)

October 11 – 22 Rev. Sekiya (Vacation)

October 18 Rinban Castro (Day off)

October 25 Rev. Sekiya (Day off)

10:30 am Keiro Service (Rinban Castro)

WEDNESDAYS:

October 5, 12, 19 Rinban Castro (Days off)

October 26 10:30 am Dharma Support
Group (Rinban Castro)

THURSDAYS:

October 6 1:30 pm Nikkei Manor Service
(Rinban Castro)

October 20

1:30 pm Nikkei Manor Service
(MA Irene Goto)

7:00 pm Betsuin Cabinet Meeting

October 27 7:00 pm Betsuin BoD Meeting

FRIDAYS:

October 7 12:00 pm Gojikai Service and
Luncheon Meeting

October 28 Rinban Castro (Day Off)

SATURDAYS:

October 1 9:30 – noon Book Study Group,
Buddha and Man by Eikichi Ikeyama.

October 7 – 9 (Fri-Sun) BCA FBWA Conference
at the Westin Bellevue

2016 November

Major Events of Interest

November 5 Book Study Group – *One
Man's Journey* by Kazuo Miyamoto

November 6 Temple clean-up

November 13 Hoonko (Shinran Shonin's
Memorial) Service with Ochigo

November 20 Family Music Service, guest
speaker Bishop Kodo Umezu; Rinban
Castro's Retirement Party/Luncheon

2016 November

Newsletter Deadline:

Monday, October 17, 8pm

Seattle Buddhist Church
1427 S Main Street
Seattle, WA 98144

OCTOBER
Wheel of the Sangha
**A Monthly Newsletter of
Seattle Buddhist Church**



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FOR NEWSLETTER

OCTOBER 2016 Major Events of Interest

**October 1 Book Study Group 9:30am-11:30am Memorial Hall
see p. 4**

**October 7 – 9 FBWA (Federation of Buddhist Women's
Associations) National Conference at Westin Bellevue**

**October 10 Japanese Language Seminar 9:30am with
Rev. Mutsumi Wondra from Orange County Buddhist
Temple**

**October 16 Hatsumairi (infant/child's first visit to the
temple) Ceremony Service 10:00am see p. 8**

October 30 SBBWA Memorial Service 1:00pm see p. 5

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Deadline is the third Monday each month at 8PM