

Wheel of the Sangha

Volume 30 Issue 1 January 2011

A monthly publication by **Seattle Buddhist Church**

*May peace and tranquility prevail
throughout the world*

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Seattle Betsuin Vision
*Embrace true and
real life
in Nembutsu*



Seattle Betsuin Mission
*Promote, protect, and
share the Buddha,
Dharma and Sangha*

January 2011: Major Events of Interest

Saturday, January 1, 2011 - 10:00 a.m. New Year's Day Service
Sunday, January 9 - Betsuin New Year's Party & Installation of Officers
Sunday, January 16 - Ho-onko Service with Rev. Kiyonobu Kuwahara,
Program Coordinator at the Jodo Shinshu Center
Japanese Services/Programs: January 2, 9, 16 (Rev. Kuwahara), 23
Sunday, January 23 Dharma Exchange (11:00) Gratitude Workshop I
Sunday, January 30 Dharma Exchange (11:00) Gratitude Workshop II

New Year's Eve Service: Friday, December 31, 2010 7:00 PM

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January 2011

EVERY SUNDAY All are invited:

- 8:45 am *MEDITATION SERVICE at 1441 S. Main St; Sutra Chanting, 20-minute meditation, discussion.
10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk
11:00 am DHARMA EXCHANGE – in dining room, Q/A, dialogue with minister and ministers assistants

EVERY WEDNESDAY **10:30 am DHARMA SUPPORT GROUP with meditation at 1441 S Main St

SUNDAYS *8:45 am Meditation Service Weekly

January 2

- 8:45 am Meditation Service: Rev. Castro
10:00 am FAMILY SERVICE (No Dharma School)
Adult: Rev. Warrick
DX: Rev. Castro
Japanese Program
11:45 am SBBWA Board Meeting

January 9

- 8:45 am Meditation Service (Rev. Castro)
10:00 pm FAMILY SERVICE
Youth: Youth MA
Adult: Rev. Castro
Japanese Program
DSDX: Rev. Warrick
DX: Joe Schwab
12:00 pm Betsuin New Year's Party and
Installation of Officers

January 16

- 8:45 am Meditation Service (Rev. Castro)
10:00 am HO-ONKO SERVICE, Guest Speaker
Rev. Kiyonobu Kuwahara, Program
Coordinator, Jodo Shinshu Center
Youth: TBD
Adult: Rev. Kuwahara
Japanese: Rev. Kuwahara
DX: Rev. Castro

January 23

- 8:45 am Meditation Service (Rev. Castro)
10:00 am FAMILY AND CHILDREN'S SERVICE
Children: Rev. Castro
Youth: Rev. Warrick
Adult: Joe Schwab
Japanese Program
DSDX: Rev. Castro
DX: Gratitude Workshop I
11:45 am SBBWA Cabinet Meeting

January 30

- 8:45 am Meditation Service
10:00 am FAMILY SERVICE
Youth: TBD
Adult: Rev. Castro
Japanese Program
DSDX: Joe Schwab
DX: Gratitude Workshop II

MONDAYS January 3 Rev. Castro (Day Off for Jan. 1)

February Newsletter Deadline:
Monday, January 17, 2011 - 8:00 pm
Print: January 21, 2011

TUESDAYS

January 4 Rev. Castro (Day Off)

January 25

10:30 am Keiro Service (Rev. Castro)

WEDNESDAYS **10:30 am Dharma Support Group Weekly

January 5

10:30 am Dharma Support Group (Rev. Castro)
7:30 pm Dharma School Board Meeting (Rev. Castro)

January 12, 19, 26

10:30 am Dharma Support Group (Rev. Castro)

THURSDAYS

January 6

1:30 pm Nikkei Manor Service (Rev. Castro)
7:30 pm Joint Seattle University and Dharma
Support Group Meditation in the
Meditation House (Rev. Castro)

January 20

1:00 pm NW Ministers' Assoc. Meeting (Rev. Castro)
1:30 pm Nikkei Manor Service
7:30 pm Betsuin Cabinet Meeting (Rev. Castro)

January 27

7:30 pm Betsuin BOD Meeting (Rev. Castro)

FRIDAYS

January 7 Rev. Castro (Study Day Off)

January 21

10:00 am – 3:00 pm NW Ministers' Association
Seminar with Rev. Umezu (Rev. Castro)

SATURDAYS

January 1 10:00 am NEW YEAR'S DAY SERVICE

January 8 9:30 am – 1 pm Dharma Support Group

FEBRUARY: Major Events of Interest

February 6 (Sunday) Scout Sunday Service

February 11-13 (Fri.-Sun.) NW District Buddhist
Convention at Doubletree Guest Suites, Tukwila

February 20 (Sunday) Nirvana Day and
Pet Memorial Service



New Year's Greeting 2011

By Rimban Don Castro

Happy New Year! May 2011 bring you and your family "peace and tranquility" – the BCA theme for this year. Years ago, I adopted the custom of reciting haiku poems at the New Year's Eve and New Year's Day Services that are related to these two important and evocative holidays. These two transitional events, like death and rebirth, have inspired the haiku poets and their poems convey truths that span cultures and generations. Now that my ministry here at Seattle Betsuin has touched parts of four decades (1980's – 2010's), the following haiku by the poet Jokun came to mind:

I intended
Never to grow old, -
But the temple bell tolls!

Regarding this poem, the haiku scholar R.H. Blyth wrote, "What a universal emotion is expressed in the first two lines! Making our peace with age is part of our acceptance of death. The bell speeding the old year comes sounding across the fields. We are a year older whether we will it or not."

How fortunate we are to have a bonsho (temple bell)! When I first arrived in Seattle, we struck it



every evening at 5:00pm. Now, we usually sound it only on Sunday mornings and New Year's Eve. To me, the bonsho truly is the call of the Buddha. It's deep resonance is visceral (*hara* in Japanese) as the gatha "Yube no Uta" says in the third stanza, "Listen from the depths of your being (*hara*) and awaken! ...The temple bell tolls...the temple bell tolls."

Because our bonsho is such a wonderful gift (from the great Buddhist philanthropist, the late Mr. Yehan Numata), we should not take it for granted. For this reason, I integrated the tolling of the bonsho into our Sunday Family Service so that it can be truly savored. We call it "Bonsho Meditation." Following the welcome and opening remarks by our service chairperson, we open all the doors and sit quietly-and-mindfully while the bonsho is slowly struck ten times. Rain or shine, hot or cold, the temple bell tolls...the temple bell tolls.

With your help, I hope in this new year we can include a number of new things to enliven our Sunday services. Again, best wishes and Happy New Year!

Accentuate the Future Positive...

On behalf of your Board of Directors, I would like to thank all the members of the Sangha for supporting our Betsuin in 2010. Also, to those of you who contributed to our success as cabinet members, organizational board members, chairs, and individuals, you are the strength of our temple. Your leadership and courage gave our Betsuin what it required to move forward each and everyday.

2011 is just a number, but what makes it more than a number is the time and effort we give to our families, friends and livelihoods. I hope your effort continues this year as we build towards the future of our temple. Let us approach our committee tasks with renewed vigor and insight knowing that it is right for the future of our Betsuin. The future is now.

In gassho , paul mori

**New Year's Eve Service: Friday,
December 31, 2010 7:00 p.m.**

**New Year's Day Service: Saturday,
January 1, 2011 10:00 a.m.**

From the Editors Happy New Year! This issue is the first of Volume 30 of *The Wheel of the Sangha*, which means that this publication has begun its 30th year. Over the years the production and distribution of *The Wheel of the Sangha* has become less labor intensive, evolving from stencil, mimeograph to spirit duplicator to today's image copier. The image copier now also collates and staples. But even the image copier has to be manned, monitored and maintained. And the newsletter still has to be folded, taped closed, and labeled. Then they have to be taken to the U.S. post office bulk mailing facility. Although many of our members have chosen not to receive a hard copy of the newsletter, we still mail out about 500 copies by bulk U.S. mail. Do you know that it takes approximately 20 minutes to copy each page of the newsletter? For 14 pages of news it takes about 4 ½ hours of time on the image copier, if there are no malfunctions. This issue will require 5 hours.

Over the past, perhaps 20 or more, years we have had a dedicated staff to monitor the copier and ready the newsletter for mailing. They are **Print & Circulation**: Jim Akizuki, Alan Groves, Mickey Hiroo,



Shizu Kaku, Harry Shigaya. Last year Elmer Tazuma retired since he has given up driving.

Office staff, Joan Nakano and Pauline Sakuma, prints and affixes the labels. Shizu Kaku drives the bins of newsletters to the post office and sees that the postage is paid.



We all can be grateful for modern technology for making our jobs fewer and easier. But we can be most grateful for our staff that still comes to temple each month to see that our newsletter is printed and mailed. Jim, Alan, Mickey, Harry and Elmer are well into their 80's and 90's. Please thank them for their dedication in getting the newsletter out all these years. Not pictured is Mickey Hiroo; our apologies.

Of course, we are also grateful for the contributors who write and submit articles each month, without whom there would be no newsletter to produce.

Gassho
Irene Goto, English Editor
Machiko Wada, Japanese Editor

Camp Fire USA submitted by Grace Tazuma

Dolphins/Starflight 1st Grade: The Dolphins worked on completing their Trail to Knowing Me and started on their next trail, Family and Community. On November 14, they went to a carnival hosted by the Rainbows. They had so much fun! Thank you Rainbows! On November 28, some of the girls participated in Wisteria Manor event. They enjoyed helping out the community, which tied right into their trail. On December 12, the girls will be going to the Starflight holiday party. - by Jenni C

Starlights 2nd & 3rd Grade: The Starlights participated as part of the Betsuin Camp Fire's annual Christmas decorating/singing event at Wisteria View Manor. They made and displayed holiday decorations, decorated Christmas trees for the lobby and meeting room. They sang Christmas carols to the residents and read "Twas the Night Before Christmas". Thank you to all the parents that helped with this event and also to those who brought refreshments to share with the residents and Camp Fire members. - by Gayle T

The Rainbows: The Rainbows, held a carnival for Starflight groups. It was called Into the Woods. Over fifty guests came from all over Seattle. We had a lot of stations, for example: bear watch, tattoos, nail painting, cake walk, fishing, and many more! We had a container for collecting donations for Treehouse (foster kids). At the end, we raised over \$170! - by Taryn

Discovery 5th & 6th Grade: The girls hung their holiday decorations at Wisteria View Manor and began practicing for their New Year's Party performance. Mrs. Zumoto is teaching the group a hula dance to the "Pearly Shells/Tiny Bubbles" remix. They picked up on the dance moves quickly, and looked good in their hula skirts and leis.

Eight girls got together on December 11-12 first skating at the Bellevue ice skating rink, then to Red Robin to watch the Snowflake Lane parade. Next, we visited the Microsoft store. We figured out how to use the Kinect and other electronic devices. After that, we went to Meghan's house for a sleepover. The whole outing was tons of fun! - by Dana & Emi

Discovery / Horizon: December 12, our group made centerpieces for Wisteria View Manor. Eva led the project; she instructed everyone to make three paper cranes and then hang them off a branch which she provided. The branches were then placed in red plastic cups which were adorned with a gold ribbon and a gold star on top of the ribbon. - by Alissa

Look Who's Blogging! Reverend Castro, Reverend Jim Warrick, and EcoSangha! Join in, and post your comments. Submitted by Alan Hoshino
<http://revcastro.blogspot.com/>
<http://revwarrick.blogspot.com/>
<http://ecosangha-seattle.blogspot.com/>

Jodo Shinshu Meditation Service
 Buddhist Education House: 1441 S Main St
 Each Sunday 8:45 - 9:30 AM
 Sutra chanting, 20 minute meditation, discussion.

Seattle Betsuin Buddhist Women's Association

SBBWA President's Message Submitted by Shizue Yahata

- Due to the weather, the Keiro monthly service and distribution of Kleenex was postponed.
- The following ladies helped to distribute the gift to the residents of Keiro at the Bodhi Day Service on Monday, Dec. 6, 2010: Kazumi Shimizu, Aki Taniguchi, Terrie Tanino, Kiyoko Takashima, Kinue Kuwahara, Mae Deguchi, Julie Mayeda, Fumi Groves, Sunkie Oye and Shizue Yahata.
- A very special thank you to Mrs. Kuwahara for making sure that there was a floral arrangement for the altar.
- SBBWA BOD for 2011-2012: Sayeko Aoyama, Marian Asaba, Janet Baba, Yoshie Dodobara, Fumiko Groves, Norigiku Horikawa, Joyce Kato, Masako Kawamoto, Karen Morikubo, Sanaye Nagai, Judith Nakamura, Kiyoko Nakanishi, Joan Nakano, Marlene Okada, Mary Shigaya, Shirley Shimada, Darlene Shimizu, Kazumi Shimizu, Fran Shintaku, Nori Suguro, Florence Sumida, Kiyoko Takashima, Sonoe Taketa, Aki Taniguchi, Terrie Tanino, Dolly Tokunaga, Nina Tomita-Kato, Michi Vaart, Shizue Yahata, Tomi Zumoto.
- On Wed., Dec. 8, 2010, SBBWA members as well as members of White River, Tacoma and Yakima BWAs planning on attending the 750th Shinran Shonin Memorial Service and the World Conference in Kyoto, Japan met with a travel agent.
- Knitted hats and scarves were donated to the Orion Center.

SBBWA Activity Report Submitted by Mabel Nishizaki

- 2011 is the year of Rabbit. Rikuko Tanaka is teaching a class on Rabbit washi kurume-e (shikishi) on January 12th. January 26th she will have a class on making stuffed rabbit. Signup sheets are posted in front of the office.
- In February Tomi Zumoto will teach 2 sessions of beginner line dance.

SBBWA Calendar

Sunday, January 2	SBBWA Board Meeting
Wednesday, January 12	Rabbit Washi Kurume-e Class
Sunday, January 23	SBBWA Cabinet Meeting
Wednesday, January 26	Stuffed Rabbit Class

Submitted by Joan Nakano

HIGH SCHOOL/COLLEGE SCHOLARSHIPS

If you are a high school senior graduating in the class of 2011 or a college student currently attending a four year college, the following scholarships are available.

HIGH SCHOOL: The Seattle Betsuin Tsujihara Family Memorial Scholarship Grant will offer up to four scholarships of \$2,000 each.

COLLEGE: The Masaru and Mitsuma Shimokon Scholarship Grant has up to three scholarships:

- 1 - \$5,000 college student who will graduate as a Nurse Practitioner
- 1 - \$5,000 college student graduating as a Medical Doctor
- 1 - \$3,000 college student degree BS as a Registered Nurse

The deadline to submit applications is Monday, **April 4, 2011 by 2:30pm** to the temple office. For applications or questions please contact Shizue Kaku.

Dharma School submitted by Joyce Tsuji

A successful and delicious Bodhi day potluck was chaired by Dharma School parents Lynne G., Leslie S. and Elliott Z. Dharma School would like to express our gratitude to all who made contributions to this event.

We would like to welcome new Dharma School Board members Clara B and Grace T. The new Dharma School Board Officers for 2011 are actually the same as this year. We greatly appreciate their willingness to carry on in their positions.

Co-Chair – Connie O (primary point of contact)

Co-Chair – Kelly E (responsible for correspondence)

Treasurer – Debbie S

Secretary – David A

Classroom Reports

PreK/Kindergarten A group of students from the high school class treated the Pre-K/K class to Dharma Bingo. The children made their own cards and played several games of Bingo using the knowledge they have learned in Dharma School this year. At the end of class, everyone selected an item from the huge treasure of prizes. We thank the high school class for providing this fun learning activity. The Pre-K/K class celebrated Bodhi Day by coloring a picture of the Buddha sitting under the Bodhi tree. Students decorated their pictures with Bodhi Seals. The class made dusters from gloves and felt, then decorated and stuffed them. The following week, they each received a bucket of cleaning supplies and used their handmade dusters to clean the classroom during Temple Cleanup. The teachers wish all the families of the Pre-K/K class a very Happy New Year!

What's Up in the Middle School Class? The Middle School class, which spans 6-8th grades (ages 11-14), has been active and busy! In Oct. and Nov., the class learned about "Everyday Suffering, Everyday Compassion" by connecting Buddhist concepts and teen homelessness. The students learned about the

Orion Center, a teen homeless facility in downtown Seattle, and the hard life on the streets. The class also watched part of the movie "The Blind Side," which illustrates the life of a homeless teen Michael Oher, and how his life was turned around after being taken in by family. (He ultimately went to college and then played football in the NFL.) Triggered by the movie's content, the class discussed how they would treat a new student at school. What would they do if someone at their school was homeless? Would they help a stranger? Then on 11/19, four MS families went into "the field", and prepared and served dinner at the Orion Center. The students reported back to the class on the experience with these observations: they were surprised at how young some of the homeless teens were, how it was mainly young men (not many young women), how much food was consumed (particularly protein and fat), and how a few kids were storing food in their pockets. It was a meaningful way to learn the dharma.

We would like to acknowledge many families who donated food items or money to help underwrite the 11/19 dinner: Atcheson, Butler, Carpenter, Habu, Ozeki-Chinn, Romero, Tosaya, Yamashita, and Yokoyama. The MS class has plans to serve a pizza dinner on April 15 at the Orion Center, as the homeless teens perceive pizza as a special treat. If you would like to donate funds to help pay for the pizza please contact Lani Carpenter or any of the Middle School teachers. If you are interested in helping at an Orion Center dinner or would like to learn more about this program, contact Elliott Zimmermann. Members of the church serve dinner on the 3rd Friday of each month.

Submitted by Lani Carpenter

Save the Date!! Saturday, Feb. 26 – the Return of Family Fun Night!

White Elephant Bingo hosted by the Middle School Class

Family Fun Night is back! The ever-popular White Elephant Bingo will be held on Saturday, Feb. 26 from 7-8:30pm in the church dining room, hosted by the Middle School class. **All are welcome.** This is a FREE event, and light refreshments will be served. Please bring any gently used items (aka "white elephant" gifts) for our prize table; it's a great way to re-use, recycle and pass along unwanted items! **In addition**, the MS Class will be collecting monetary donations to underwrite a pizza dinner at Orion Center. The class will be serving dinner on April 15. If you have any Q's, please contact Lani Carpenter. Thanks and hope to see you at Bingo Night! - LC

FROM SBC RELIGIOUS DEPARTMENT

JAPANESE LANGUAGE PROGRAM There will be a Japanese discussion session (Howakai) with Rev. Kiyonobu Kuwahara from the Jodo Shinshu Center, on Saturday, January 15 from 1:30 pm - 3:00 pm. Please direct any questions to Fumiko Groves.



TRANSPORTATION TO NW BUDDHIST CONVENTION FEBRUARY 11 – 13. Please let the office know if you would like or can provide transportation to Tukwila so that we can plan for arrangements.

DONATE YOUR USED ENGLISH BUDDHISM BOOKS FOR BOOKSTORE A box is available for deposit in foyer. Submitted by Irene Goto

Workshop:

“Thank God I’m A Buddhist” BEING SHIN BUDDHIST IN AMERICA

On Saturday, January 29, 2011 Dr. Kenji Akahoshi will present a one-day workshop from 9:30 to 3:30 at Seattle Betsuin. Please bring your own lunch.



Why is it difficult to describe our religion as a Shin Buddhist in America?

Is Christian English adequate enough to convey Buddhist thought?

What makes us different from other schools of Buddhism?

These are some of the questions that may lead us to a better understanding of Shin Buddhism. Although we have been provided current English translations of traditional Buddhist texts, it is often difficult to appreciate the unique spiritual and practical perspective that Shin provides. In an informal, interactive format, we will explore the conditions that help and hinder our understanding of Shinran’s great contributions. The Nembutsu Journey is one of harmony, joy and gratitude.

Dr. Akahoshi is a recent graduate of IBS and has just received his Tokudo ordination. He has been conducting annual retreats and workshops for over a dozen years, including some in Seattle. His masters degree in transpersonal (spiritual) psychology prepared him to emphasize and include the experiences of the participants to assure the relevancy of the workshops. His past activities at the San Jose Betsuin include being Board President, Dharma School teacher, and Education Chairman.

Submitted by Kenji Akahoshi and Irene Goto

The SBC Buddhist Study Group will meet on January 8 (our usual first Saturday is New Year’s Day), and discuss Thich Nhat Hanh’s The Heart of Understanding: Commentaries on the Prajnaparamita Heart Sutra. Laverne has copies of the book @ \$7.00 each. We also have two Betsuin library copies for those who don’t want to purchase the book. It’s a very small book -- only 54 pages. You can use cash or a check made out to Seattle Betsuin. If you are interested, please contact Laverne Imori. We’ll meet at 9:30 until around noon. Everyone is welcome to stay for brown bag lunch afterward. Hope everyone can make it.

Submitted by Leonora Clarke

White River Buddhist Temple will host A January Seminar with Reverend Kodo Hiromichi Umezu

on Saturday, January 22, 2011: “The Dharma Time Machine – Honen, Shinran and I”. *Let us all go back to the time of Shinran Shonin and try to find out what he heard from his master, Honen Shonin. We will have a very intriguing discussion and enjoyable time together. *Please google “Honen” and share your findings with others.* Please see our White River Buddhist Temple website for the registration form and more information <http://www.whiteriverbuddhistmpl.org/> Click on the hot links from our home page for the registration form and brief bio on Reverend Umezu. Registration deadline is January 16, 2011.

Reverend Umezu was a translator for the major theatrical U.S. Premiere production of “Honen & Shinran” which was written by Tajima Ei and produced in commemoration of the 800th anniversary of the death of Honen and 750th memorial of his student Shinran.

Questions? Contact Karen Murakami at wrlink4goldenchain@comcast.net

-IHG

Betsuin Musical Notes submitted by Kemi Nakabayashi

The Family Music Service on the Sunday of Thanksgiving weekend highlighted some new Betsuin talent this year. I would like to thank all the people who made this year's service a success. The service began with a wonderful taiko introduction by Donna Zumoto. Terrie Tanino directed the Betsuin Choir for three selections including *Let Peace Prevail*, which was commissioned by the Homba Hongwangi of Honolulu to commemorate the 750th memorial of Shinran Shonin, *What a Wonderful World*, and *Shinran's Family*. Bonsho meditation was included during the service to appreciate the lovely sound of the bonsho. Thank you to Ken Dodobara for ringing the bonsho for this service and dutifully each week. The Dharma School ensemble of Kristy Carpenter, Rose Yasukochi, Emily Yamashita, and Kayla Butler led the sangha in *Say Namu Amida Butsu*. Evan Ko, Brandon Yee, Kelly Enstrom, and Steve Yamasaki performed *Shinshu Shuka* arranged by my husband Jim Norton for saxophone quartet. Chairperson Ron Hamakawa, Rimban Castro and Rev. Warrick did a terrific job to choose music-related readings and incorporate the musical theme with their messages to give spiritual meaning to this special program. I would also like to thank Sat Ichikawa and Roy Shimizu for taking photographs and videotaping the music service this year.

Again, I would like to acknowledge the efforts of Lani Carpenter and Dennis Yamashita in encouraging Dharma School student participation in the musical efforts for children's service and combined service this year. Kristy Carpenter and Emily Yamashita have learned piano accompaniments for gathas for children's service this fall and were inspired by Rimban Castro's message to learn *Yube no Uta* on violin for New Year's Eve service to do with their Dharma School ensemble. We welcome all student musicians and willing adults musicians to participate. A joint performance of *Shinshu Shuka* with choir and saxophones is planned for Ho-Onko service this month. We also expect Scout Sunday and Camp Fire Sunday to showcase more talent and hope to continue to integrate music for services in new and inspirational ways.

Choir Members Wanted If you have enjoyed the music of the Seattle Betsuin Choir in the past, we are asking for your help. With age and health problems, our group has been getting smaller and needs additional members in all voice ranges and all ages.

We have enjoyed singing for the Keiro and Nikkei Manor residents and at the Northwest Buddhist Conventions as well as at the Betsuin Special Services.

So if you enjoy singing, even if you don't read music or speak Japanese, we want you to join us at our practices on Sunday mornings at 9 a.m. before regular services. For more information, please call the Betsuin office or notify Terry Tanino.

The Seattle Betsuin Gratefully Acknowledges the Following Donations – November – December 2010

<u>Funeral / Memorial / Nokotsudo:</u>	<u>For:</u>		<u>Given by:</u>
Gerald Nakata – Makuragyo & Funeral Service		\$ 1,100	Kathy Nakata
Spencer Teranishi – Funeral Service		\$ 750	Asako Teranishi
Nobuo Isomura – 1 st Year Memorial Service		\$ 500	Nancy Tanaka
Hiroko Kitano – 3 rd Year Memorial Service		\$ 500	Diane Kitano
Cherrie Tsubota – 49 th Day Memorial Service		\$ 500	Charlene & Curtis Nakayama
Mary Kono - 1 st Year Memorial Service and Robert Kono – 3 rd Year Memorial Service		\$ 300	Marshall Kono
Miyoko Kondo – 1 st Year Memorial Service		\$ 300	Stan Kondo
Masaru Uchida – Funeral Service		\$ 300	Irene Uchida
Sengo Shimizu – 25 th Year Memorial Service		\$ 300	Haruko Shimizu
Patrick Shimizu – 15 th Year Memorial Service		\$ 300	Haruko Shimizu
Masanari Shibuya – In Memory of		\$ 250	Masako Shibuya
Yasu Taki – In Memory of		\$ 100	Taki Properties Ltd <i>continued...</i>

...continued Donations

Remembrances for:

Dick Hara
Michisuke Harada
Nobuo Isomura
George Kobayashi
Miyoko Kondo
Gerald Nakata
Spencer Teranishi
Cherrie Tsubota

Given by:

Miyuki Hanada
Mack & Setsuko Harada
Toshiko Isomura
Hal Ise; Mutual Fish Company, Inc.; Harry Yoshimura
George & Lily Komoto
Douglas & Harumi Guiberson; Pauline Sakuma; Jerry Yuasa
Harry Akizuki; Al & Fran Shintaku; Dick & Misao Yoshimura
Peter & Susan Beeson; Sue Fujino; George & Toshiko Fukeda; James & Hiroko Hasegawa; Harry Hosoda; Dolly Ito; Aizo & June Kosai; Takeo & Mary Katayama; Kazue Kato; Daisy Kuramoto; Beverly Tsubaki Mcardle; George & Irene Mano; Moriguchi Family; Tomio & Jenny Moriguchi; Chester & Martha Murakami; Washin & C. Kathleen Murakami; Mutual Fish Co., Inc.; Herbert & Kiyomi Noji; Christopher Nomura & Tracey Thai; Haruyasu & Carlene Nomura; Mary Osaki; Hatsue Pike; Pauline Sakuma; Seattle Betsuin BWA; Masako Shibuya; Haruko Shimizu; Roy & Kazumi Shimizu; Harry Taketa; Peggy Tanemura; Fumiye Taniguchi; Ted & Akico Taniguchi; Margaret Teramoto; Dolly Tokunaga; Sam & Masako Uchida; Betty Hiroo Williamson; John & Arlene Yamada; Keiko Yanagihara; Ed & Suzanne Yoshitome; Jim & Tomiko
Herbert & Kiyomi Noji

Minoru Tsubota

Temple Supervision:

Yakima Buddhist Church \$ 200
Spokane Buddhist Church \$ 100

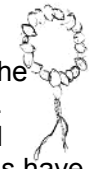
General Donations:

Tom Tanaka	\$ 300	General
Susumu & Hideko Tsutsumi	\$ 250	General
Haruso & Sonoe Taketa	\$ 200	Sustaining Membership
Anonymous	\$ 100	General
Taijo Imanaka	\$ 100	General
Dennis Yamashita	\$ 100	Appreciation for Dharma School Japan Trip
Alice Doi	\$ 166.67	General – United Way Campaign
Reiko Hara	\$ 77.30	General – United Way Campaign
Gary & Madeline Kato	\$ 51.53	General – United Way Campaign
Jim & Tomiko Zumoto	\$ 50	General
Gojikai	\$ 50	2010 Year-end Orei
Gayle Suzaka	\$ 33.34	General – United Way Campaign
James & Hiroko Hasegawa	\$ 25	General
Shinya & Jayne Ichikawa	\$ 25	General
Kay Fujimura	\$ 15	General
Meri Gayle Vincent	\$ 10	

Onenju Sales: \$ 43

Onenju are available for purchase in the temple office. Heirloom and modern beads have been restrung by Pauline Sakuma into beautiful new onenju for children, women, and men. Visit the office to see the variety of styles. Proceeds go to Seattle Betsuin.

- JN



2011 MEMORIAL SERVICE SCHEDULE

Traditionally, memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's Light of Wisdom and Life of Compassion. If you have a loved one who has passed away in the following years, you are encouraged to conduct a family memorial service.

Year of Death

2010.....	1st annual memorial.....	1 year from death
2009.....	3 rd anniversary memorial.....	2 full years from death
2005.....	7 th anniversary memorial.....	6 full years from death
1999.....	13 th anniversary memorial.....	12 full years from death
1995.....	17 th anniversary memorial.....	16 full years from death
1987.....	25 th anniversary memorial.....	24 full years from death
1979.....	33 rd anniversary memorial.....	32 full years from death
1962.....	50 th anniversary memorial.....	49 full years from death

Please call the temple office at (206) 329-0800 to make arrangements for a service. - JN

Ecology **News** submitted by Gail Kaminishi Remember to take not only your shopping bags to the grocery store, but also your vegetable bags. They can be used many times over as long as you are careful not to mix meat/poultry bags with vegetable bags.



- In your car: Keep a rag, not paper towels in your car at all times for spills. They come in handy at the car wash. Avoid taking plastic utensils from restaurants and carry reusable utensils for those emergency food trips!

- Run your clothes dryer for a shorter period. Take clothes out while slightly damp and hang on hangers or racks. Place racks over floor heating vents or near radiators.

- Temple member Eileen wraps tall jars or plastic juice containers in pretty calendar pages for inexpensive flower vases. Rather than give flowers in cellophane, reuse containers. She uses double stick tape to adhere the calendar page.

- Some plastic containers (like Japanese ones) can't be recycled. Cut the top off and use it as a funnel. Use the bottom as a small flower vase (above.)

2011 BCA Nembutsu Camporee – Save the Date!

August 5-7, 2011 Camp Waskowitz, North Bend, WA



Hosted by Seattle Betsuin Boy Scout Troop 252 & Camp Fire Group 699. Open to all kids entering 4th Grade through High School (in 2011). Submitted by Susie Yamane. Info: nembutsucamporee@seattlebetsuin.com.

ABA News Some ABA members helped at the Orion House in December to make a Mexican dinner for the teens. We hope to continue to participate in this worthwhile event.

We are putting together a silent auction basket for convention. Our theme is "Sun and Fun." If anyone has a new/unused beach towel, sun block, sand toys, Hawaiian themed items, etc. please contact Gail Kaminishi to donate. Do not leave at the temple. We would really appreciate it. Thank you!

We are spearheading an all temple retreat which will tentatively be held in the fall of 2011. We will need help with a children's program or childcare, break out sessions, logistics. If you are interested in helping, please contact Gail Kaminishi.

Jodo Shinshu Correspondence Course 2011 Spring Enrollment The Jodo Shinshu Correspondence Course Office is accepting applications from November 1 for the Spring 2011 enrollment starting March 1, 2011. For more information, please visit the course website at: www.JSCC.cbe-bca.org Applications may be submitted online at course website. Deadline: February 15, 2011. Fee: \$360. Course limited to first 20 students. Questions may be directed to: Jodo Shinshu Correspondence Course Office, 2140 Durant Ave., Berkeley, CA Tel: 510-809-1441, email: jsc@ccbe-bca.org

Members Serve Mexican Dinner at Orion Center The youth waiting in line said, "Oh, boy, I love Chinese food." But alas, we had prepared Mexican! But they loved everything except the Chinese Almond Float fruit dessert. The following Seattle Betsuin members prepared, served, and donated food to serve the homeless youth at Orion Center on December 17, 2010: Michi Vaart, Paul Mori, Tricia Mori, Dennis Shibata, Donna Zumoto, Merwin Kato, Nina Kato, Laverne Imori, and Irene Goto. Gail Kaminishi put out an appeal to ABA members and Irene Goto announced a request for help. Hiro Nishimura and Aiko Fuji contributed with dollar donations. SBBWA donated 12 sets of hand-knitted hats and scarves. Thank you, all, for your support in this dana for all youth.

There is still opportunity to help on each third Friday of the month throughout the year. Please contact Elliott Zimmermann if you would like to volunteer your organization or yourself to take the lead or to assist in this community service. Ask anyone who has served what it is all about. Submitted by Irene Goto

**First International Conference on Other-Centered Approaches (ICOCA)
"New Directions in Buddhist Psychology"**

February 18 – 20, 2011

Standard Registration Fee: \$215

**Presented by: The Institute of Buddhist Studies, CA, Amida Trust UK, Amida USA, ToDo
Institute, VT, Buddhist Churches of America – Center for Buddhist Education, CA
Jodo Shinshu Center 2140 Durant Ave, Berkeley, CA 94704 USA**

To register, visit: www.shin-ibs.edu/icoca.php Tel (510) 809-1426 FAX (510) 809-1462

**The Betsuin gratefully acknowledges the donations received for the following special service
(please accept our apologies for any inadvertent omissions or misspelling of names):**

Bodhi Day: Adachi, Helen; Aisaka, Steven; Akizuki, Jim & Louise; Aoki, Takao & Ruth; Aramaki, Hanako; Arinobu, Gene & Yuki; Asaba, Marian; Canfield, James & Sheri Mizumori -; Chadwick, Tsuyako; Chisholm, Steve & Lori; Desaki, Yasuko; Dodobara, Kenny & Yoshie; Doi, James; Enomoto, Toshiko; Fujii, Minoru & Aiko; Fujii, Minoru & Aiko; Fujino, Suteko (Sue); Fujita, Florence; Fukeda, George & Toshiko; Furuta, Mary Y.; Groves, Alan & Fumiko; Habu, Gordon & Mae Yamasaki -; Hamakawa, Ron; Hamatani, Jane; Hanada, Miyuki; Hanada, Peggy; Harada, Mack M. & Setsuko; Hasegawa, James & Hiroko; Hayami, Sachiko; Hirasawa, Amy; Honmyo, Mas; Ichikawa, Satoru & Grace; Isomura, Toshiko; Jeffereis, Gail Kaminishi -; Kaku, Dale & Shizue; Kaneta, Miyoko; Kashima, Tetsuden & Cecelia Kanako; Katayama, Takeo & Mary K.; Kato, Kazue (Katie); Kato, Mitsu (Florence); Kato, Nina Tomita -; Kawahara, Ritsuko; Keltner, Marc & Janice Nakamura -; Kido, Momoko; Knutzen, Paul & Janet; Kobuki, Haruko; Kojima, Esther; Komoto, Frank; Kosai, Aizo & June (Yoshie); Kunihiro, Carolyn; Kuwahara, Kinue; Mano, Andrea; Mano, George & Irene; Mano, Mariko; Masuda, Rose; Matsui, Jack T.; Mayeda, Julie; McKinney, Susan Taketa -; Mitchell, Lisa Kumasaka -; Miyauchi, Takiko; Mori, Paul Bruce & Teresa; Morikubo, Yukio & Karen; Nakabayashi, Kemi; Nakamura, Ruby; Nakamura, Yoshio & Judith; Nakano, Craig & Joan; Nakano, Evangeline; Nakashima, Tomi; Nishimura, Hiro & Dorothy; Nishizaki, Akio & Mabel; Noshu, Setsuno; Ohtani, Michiye; Okada, Barry & Marlene; Okada, Emiko; Okamura, Ray & Mineko; Osaki, Mary; Osako, Yasumi; Otsuji, Nobuko; Sakamoto, M. Karry; Sako, Masako; Sakuma, Pauline; Shahbaghlian, Steve & Patricia Oye -; Shibata, Dennis M.; Shibuya, Masako; Shigaya, Harry & Teruko (Terrie); Shigaya, Kenneth; Shigaya, Mary S.; Shimizu, Aiko; Shimizu, George; Shimizu, Haruko; Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shintaku, Albert & Frances; Sordetto, Gayle; Sumida, Florence; Sumida, Leslie; Tahara, Masaru & Anna; Takamura, Kuniko; Takashima, Kiyoko; Taketa, Haruso & Sonoe; Taketa, Jean; Taki, Noboru & Takako; Tamekuni, Masao & Frances; Tanaka, Nami; Tanaka, Rikuko; Taniguchi, Fumiye; Taniguchi, Martha (Masayo); Taniguchi, Theodore & Akico; Tanino, Katsumi & Terrie; Tazuma, Miyoko; Teramoto, Margaret; Uchida, Sam & Masako; Vaart, Michiko Jean; Wada, Machiko; Yahata, Shizue; Yamashita, Dennis; Yanagimoto, Michiko; Yokota, Sumie; Yokoyama, Kevin & Kari Ann; Yoritsune, Charlene M.; Yoshimura, Dick & Misao; Zumoto, James & Tomiko;

Etaikyo Muen Hoyo: Akutsu, Gene; Fujita, Lutes; Hasegawa, James & Hiroko; Horn, Kenneth & Pam; Howland, Laura Ichikawa -; Ikeda, Bok Soon; Katayama, Takeo & Mary K.; Kawaguchi, Harold; Kojima, Esther; Mitchell, Lisa Kumasaka -; Shibuya, Masako; Terami, Florence; Teramoto, Stuart. - HL

More donations...

The Betsuin gratefully acknowledges the donations received for the Bodhi Seals mailed recently. Monetary amounts received for the Bodhi Seals are used to support the BCA and the Seattle Temple (please accept our apologies for any inadvertent omissions or misspelling of names):

Bodhi Seals: Adachi, Helen; Akada, Mary; Akizuki, Jim & Louise; Anonymous; Aoki, Michele Anciaux -; Aoyama, Masatoshi M. & Sayeko; Aramaki, Hanako; Aratani, Lauren Asaba -; Arinobu, Gene & Yuki; Asaba, Marian; Baba, Janet; Barr, Lance & Lisa; Brundige, Grace Tazuma -; Canfield, James & Sheri Mizumori -; Chadwick, Tsuyako; Deguchi, Jene; Deguchi, Mae; Desaki, Yasuko; Dodobara, Kenny & Yoshie; Dykes, Burke; Eng, Patrick & Joann Kosai -; Enomoto, Toshiko; Fujii, Minoru & Aiko; Fujino, Suteko (Sue); Fujioka, Harumi; Fujita, Florence; Fujita, Nobuichi & Sachiko; Fukeda, George & Toshiko; Fukuhara, Mitsuko; Furuta, Mary Y.; Goshō, Kazumi (Janice); Gota, Helen; Habu, Gordon & Mae Yamasaki -; Hamakawa, Ron; Hamanaka, Yoko; Hamatani, Jane; Hanada, Fumiyo; Hanada, Miyuki; Hanada, Peggy; Harada, Mack M. & Setsuko; Hasegawa, James & Hiroko; Hasegawa, Stephen; Hayami, Sachiko; Hikida, Mary; Hirasawa, Amy; Hirata, Hajime & Michiko; Ichikawa, Satoru & Grace; Ise, Hal; Isomura, Toshiko; Isomura, Yoko; Iwafuchi, Larry & June; Jeffereis, Gail Kaminishi -; Kaneta, Miyoko; Kasahara, Grace; Kashiwa, Ann T.; Katayama, Takeo & Mary K.; Kato, Kazue (Katie); Kawada, Noboru & Hatsuye; Kawaguchi, Arthur & Sally; Kawahara, Ritsuko; Keltner, Marc & Janice Nakamura -; Kido, Momoko; Kikuchi, Shizuko; Kobuki, Haruko; Kodama, George K.; Kogita, Paul & Takako; Kojima, Esther; Komoto, Frank; Kosai, Aizo & June (Yoshie); Kosai, Hiroko Janet; Kubo, Helen Kumiko; Kubo, Masayoshi & Masako; Kubota, Janet; Kubota, Kenneth & Patricia; Kubota, Steven & Chieko; Kunihiro, Carolyn; Kuramoto, Daisy Toyoko; Kusumi, Shogo & Fusako; Kuwahara, Kinue; Mano, George & Irene; Mano, Mariko; Maruko, Teruo; Masunaga, Fumiye; Matsubayashi, Hugh & Ivy Chen -; Matsui, Jack T.; Mayeda, Julie; McKinney, Susan Taketa -; Mitchell, Lisa Kumasaka -; Miyauchi, Takiko; Mizuki, Helen; Mizuno, Hatsue; Nakabayashi, Kemi; Nakagawa, Yoshie; Nakamura, Ruby; Nakamura, Yoshio & Judith; Nakano, Craig & Joan; Nakano, Junko; Nakashima, Craig & Dana; Nakashima, Tomi; Nakayams, Curtis & Charlene; Namekata, Tsukasa & Keiko; Natsuhara, Yasuko; Nishimura, Hisashi & Sadako; Nishizaki, Akio & Mabel; Noritake, Shinako; Noshō, Setsuno; Ohtani, Michiye; Okada, Barry & Marlene; Okada, Emiko; Okamura, Ray & Mineko; Okumura, Tokuzo & Mari; Osaki, Mary; Otsuji, Nobuko; Oye, Sunako (Sunkie); Romero, Ann Kawasaki -; Saito, Akira & Chiyoko; Saito, Irene; Sakamoto, George & Karen; Sako, Masako; Sakuma, Pauline; Sato, Joyce; Seko, Robert & Amy; Shen, Eugene & Charlene Mano -; Shibata, Dennis M.; Shibuya, Masako; Shigaya, Harry & Teruko (Terrie); Shimizu, Aiko; Shimizu, George; Shimizu, Haruko; Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shintaku, Albert & Frances; Sordetto, Gayle; Suetsugu, Jr., George; Suguro, Paul; Sumida, Leslie; Tahara, Masaru & Anna; Takamura, Kuniko; Takano, Yasuko Jean; Takashima, Kiyoko; Takemura, Yoshiaki & Naomi; Taketa, Haruso & Sonoe; Taki, Noboru & Takako; Tamekuni, Masao & Frances; Tanaka, David & Lori; Tanaka, Rikuko; Tanemura, Peggy; Taniguchi, Fumiye; Taniguchi, Martha (Masayo); Taniguchi, Theodore & Akico; Tanino, Katsumi & Terrie; Tanino, Ryomi; Tazuma, Miyoko; Terada, Allan & Kayoko; Terada, Calvin J. & Yvette; Terada, Joe & Hideko; Teramoto, Margaret; Terao, Victoria; Tsurukawa, Patricia Kubota -; Uchida, Sam & Masako; Uyenishi, Tazuko; Vaart, Michiko Jean; Wada, Machiko; Wakazuru, Barbara; Warrick, James; Yahata, Shizue; Yamada, John & Arlene; Yamamura, Mitsuo; Yamasaki, Steve & Valerie; Yamashita, Dennis; Yanagimoto, Michiko; Yasukochi, Dennis & Lynne Goodrich -; Yee, Eileen Hamamoto -; Yee, Fukuyo; Yokota, Sumie; Yokoyama, Fusae; Yokoyama, Kevin & Kari Ann; Yoritsune, Charlene M.; Yoshida, Fuyo; Yoshida, Mary; Yoshida, Ronald (Seiichi) & Kiyoko; Yoshihara, Isoko; Yoshimura, Dick & Misao; Yutani, Nobuo; Zimmermann, Elliott; Zumoto, James & Tomiko;

- HL

Mochi On December 18, 800 pounds of sweet rice was cooked and pounded to make plain mochi and okasane in offering the rice products to be purchased as a service to the community and to the Temple. The sales also served as a fundraiser for Dharma School, Junior YBA, Camp Fire and Matsuri Taiko. Chi-chi mochi was also made and offered as an additional item for purchase.



Sales were by ticket to gauge the minimum amount of plain mochi to be made.

If you were unable to purchase tickets or found that there is a need for more, there is a limited amount of excess units available for sale. The mochi is \$4.00 for a dozen. Please see the Temple Office during regular business hours during the weekday or on Sunday if you would like to purchase some plain mochi.

Thank you to all those that helped with the mochi making this year as it was a bit more involved since the number of individuals helping this year was down as compared to prior years. A huge thank you to Jim and Tomi Zumoto who helped set-up during the week prior to get ready, Kurt & Greg Kogita and crew who came in on a week night to wash and soak the rice and Ron Hamakawa, Steph Ojima and Susie Taketa who took time off from work to make the chi-chi mochi. Thanks to George Shimizu for his contributions each year as he spends the day helping and this year has donated his own mochi pounding machine and transformer to the Temple for use in future years.

Submitted by Howard Luke

Notes on Dharma Exchange Dharma Exchange takes place from 11:00 a.m. to 11:30 a.m. after Sunday Service in the dining room. All are welcome to attend this opportunity for discussion and questions typically led by Reverend Castro, Reverend Warrick, or Minister's Assistant Joe Schwab.

November 7, 2010 – Minister's Assistant Joe Schwab reviewed the children's and adult's dharma talks of the day's service. Reverend Tetsuya Aoki from Vancouver, Canada had talked about the importance of making decisions, exercising our will and continuing to study to meet yourself. There was brief discussion about the difference between emotion and thoughts. One participant hoped to have a natural response to *Namo Amida Butsu*.

-IG

November 14, 2010 The children's dharma talk of the day's service was given by Krista Nakano. The title of her talk was, "Who's the Boss?" It demonstrated interdependence between the organs of the body and questioned which one was most important. The adult dharma talk was given by Reverend Jim Warrick. His talk focused on mindfulness – letting go of attachments, having no biases, accepting the moment; mindfulness is right now. One illustration was a story of a monk who questioned another monk who had carried a woman across a dangerous river; monks are not supposed to touch women. The other monk replied that he, the questioning monk, was still carrying her.

- IG

November 21, 2010 – Rimban Castro related his observations of his recent trip to Las Vegas where he had been invited by the BCA to visit the sangha there a year prior. He learned that the sangha shares a building in a strip mall with the JACL and meets once per month. He encouraged them to try to meet weekly. Members were Midwest transfers, former Spokane sangha, a retired pilot, retired military, young and old families. He met a 15 year old young man who he encouraged to become a Youth Assistant. He suggested holding book groups, film showings, documentaries. Rimban also related his impressions of the casinos and found them loud like thundering silence. But the atmosphere there is like that of our lives – always challenged to obtain a sense of balance. - IG

November 28, 2010 The day's service was observed with a musical contributions by youth and adult members of the sangha and organized by Kemi Nakabayashi. Reverend Warrick commented on the service and that all religions historically have incorporated music in their practice. Music lifts us up, and down. Human voice was the first instrument and actually physically adjusts us. The

song, "Wonderful World" was especially appreciated. Music is also glorified in Islam – for good and holy thoughts; popular music does not seem to be included. Music gets us into the frame of mind to listen to the dharma.

Dec. 5, 2010 - Rev. Dr. Akahoshi, who as degrees in dentistry and Trans-personal Psychology, was the guest minister and reflected that Shin Buddhism really is the point of Japanese life. He commented that three strikes in baseball is quite different from three strikes in bowling. Experience means so much more, and we have two ears and one mouth. . .Participant: At a stop light we have the opportunity to say, "Namu Amida Butsu." We are always being supported. . .Participant asked him to relate dentistry to Buddhism. He offered compassion to patients in feeling what they feel. . . Participant: Has never been able to say Namu Amida Butsu naturally as the Issei did. He said constant awareness brings it about. . . According to Shinran, birth in the Pure Land meant "now." Before, it was after death. . . The Japanese response to "How are you?" is Okage sama de. Sensei said Namu Amida Butsu is like a hug, and to look for evidence of compassion. . .He advised that we balance joy and acknowledge; death is with us and can't be changed. . .He said to agree with complainers, but ask for three other good aspects. . .Human nature (me, me, me)/Buddha nature - how we are supported by Buddhist interdependence. We can't let go of "me." We are supported unconditionally by Amida Buddha. . .Buddhism and Shinran used common language. Truth is individual -- hear the other person.

In gassho, Pat Bobrow

December 12, 2010 There was no Dharma Exchange due to the SBC Membership meeting. Reverend Warrick's dharma message discussed the possibility of having a Buddhist holiday like that of Christmas. Among the symbols used in various Buddhist sects is the Thai tradition of applying gold leaf to the statue of the Buddha which signifies devotion. - IG

December 19, 2010 There was no Dharma Exchange due to all temple clean-up. Reverend Warrick demonstrated to the children how clean glasses make us see clearer and feel better. He gave each child a towel to use to help with the day's *ōsōji*. - IG

